

ROYAL ORIENTEERING CARNIVAL 2010

PROGRAMME

QUEEN'S BIRTHDAY 3-DAY, SATURDAY 5 - MONDAY 7 JUNE 2010, AUCKLAND, NZ.

WEB ADDRESS: <http://www.navevent.co.nz/QB2010/>

Document Version 2 – 3 June 2010. See last page for notes on changes.

All participants are expected to be aware of the information in this programme.

CONTACT INFORMATION

EVENT HOSTS

- Auckland Orienteering Club www.auckoc.org.nz
- North West Orienteering Club www.nworienteering.org.nz
- Counties Manukau Orienteering Club www.cmoc.co.nz

EVENT OFFICIALS

WOODHILL FOREST: LONG DISTANCE (MULTI-DAY LENGTH) - SATURDAY 5 JUNE 2010

- Planner - Rudy Hlawatsch
- Controller - Scott Vennell
- Coordinator - Melvina Wise
- Host Club - Auckland Orienteering Club Inc.

MURIWAI GOLF COURSE NIGHT ORIENTEERING RELAY - SATURDAY 5 JUNE 2010

- Planner - Gene Beveridge
- Controller - Jourdan Harvey

WOODHILL FOREST: DOUBLE SHORT DISTANCE - SUNDAY 6 JUNE 2010

- Planner - Geoff Mead
- Controller - Mark Lawson
- Coordinator - Phillipa Poole
- Host Club - North West Orienteering Club Inc.

PLANTATION FOREST, MARAMARUA: LONG DISTANCE (MULTI DAY LENGTH) - MONDAY 7 JUNE 2010

- Planner - Brian Long
- Controller - Ross Brighthouse
- Coordinator - Lindsay and Bev Shuker
- Host Club - Counties Manukau Orienteering Club Inc.

CONTACTS

GENERAL ENQUIRIES

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ENTRIES ENQUIRIES AND ENTRIES COORDINATOR

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WEBSITE SUPPORT ENQUIRIES

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WELCOME

We are pleased to extend a very warm welcome to all orienteers attending the 2010 Royal Orienteering Carnival. The three clubs in the Auckland region have worked together closely to bring you a variety of challenges over the three days. As a result of the extraordinary level of interest in this event, a series of 'events within the events' has been designed to provide extra interest to spectators and competitors alike. Among these are the Elite test match, a regional schools competition, the JWOC sprint relay, and various other prizes.

For those of you who are entering your first A level event, a special welcome, and please don't hesitate to approach club members for advice.

Phillippa Poole, President North West Orienteering Club
Roger Woodroffe, President Auckland Orienteering Club
Brian Long, President Counties Manukau Orienteering Club

GENERAL INFORMATION

EVENT INFORMATION

EVENT WEBSITE

<http://www.navevent.co.nz/QB2010/>

The website is the main source of information for the event. Each host club's website provides a link through to the Queen's Birthday event website. Entry Form, Event Programme, Results, and additional resources relating to the event will be made available on the website.

EVENT PROGRAMME

All participants are expected to have read the information in the final version of this programme.

EVENT CENTRES

The same event centre will be used for both Saturday and Sunday. There will be ample tentage in case of inclement weather.

The coordinates of the Event centres are

Saturday 6th and Sunday 7th June 2010, Whites Line

NZTM 1723860, 5931970

Monday 7th June 2010, Plantation

NZTM 1807367, 5871794

COMMENTARY

On-site commentary will be provided occasionally throughout the event

RESULTS

Results will be posted on result display boards at the event centre and updated regularly throughout the day. The final results and RouteGadget course map for each event will be published on the event website as soon as possible after the event finishes.

SPECTATOR INFORMATION AND ON THE DAY EVENT ENQUIRIES

Spectators are welcome. If you have any questions, please ask at event registration. Event registration will direct you to the best person to talk to about your enquiry. We look forward to seeing you there!

RULES

This competition will be run in accordance with the NZOF Competition Rules for New Zealand Foot Orienteering Events. These rules may be viewed on the NZOF website. <http://nzorienteering.com/> under “Technical”

LAND OWNERS AND STAKEHOLDERS

We thank all the landowners and managers for their cooperation and permission to use their land and ask that orienteers respect the private property we compete in. It is only through the generosity of these landowners that we are able to maintain access and enjoy the sport we love.

WOODHILL FOREST - SATURDAY AND SUNDAY

This forest is currently administered by Hancocks Forest Management, to whom we are most grateful for allowing us access not just to this event, but many events through the calendar year.

MURIWAI REGIONAL PARK – SATURDAY

The coastal strip beside Woodhill, including the golf course and camp grounds is part of Muriwai Regional Park. Our thanks to the Auckland Regional Council and ARC Northern Parks team for their assistance with our events that visit the park.

MURIWAI GOLF COURSE - SATURDAY

Muriwai Golf Club has kindly allowed us access to their greens for the evening event on Saturday night, as well as being the venue for the meal. Please ensure you take care not to damage the greens, and note that no spikes are to be used for this event.

PLANTATION FOREST, MARAMARUA - MONDAY

Counties Manukau Orienteering Club thanks the landowners for the use of the farm and forest. Please respect the farm owners' privacy and keep well away from his house and sheds.

EVENT STATUS

The Long Distance (Multi-Day Length) and Double Short Distance races have been granted A-level status by the NZOF.

CRÈCHE

For the forest events, an unsupervised area with an extra tent (if weather dictates) will be provided for parents of young children to arrange their own co-operative child minding. This is close to Registration.

Parents of young children may request to park close to the event centre.

COMPLAINTS AND PROTESTS

If you wish to make a complaint regarding an infringement of the rules or the organisers' directions, please do so in writing at registration. This must be done within 60 minutes of completing your course. The event controller will consider the matter that you have raised and let you have their decision. There is no charge for making a complaint.

If you are not satisfied with that decision, you may ask that the complaint be considered as a protest. A fee equal to the entry fee that you paid for that day's course is then payable but this fee will be returned if your protest is upheld.

Protests will be considered by a jury of A-grade controllers, selected from a panel convened as appropriate with respect to the protester's family and club.

DOGS

Dogs and other animals are prohibited from all map areas.

NO SMOKING

Smoking is strictly prohibited at all of the events, including inside vehicles, and to and from the events in forest/park areas.

STRING COURSE

There will be a string course on each day at the Long distance and Double Short Distance races for the littlies. Just collect a clip card from registration. Times will not be recorded for this course.

EMBARGOS AND OUT OF BOUNDS AREAS

You must respect those areas marked as out of bounds.

MAPS

Maps will be printed on waterproof paper. See event details for further information. A copy of the maps as used previously is available on the event website and at the event centre for the event.

CONTROL DESCRIPTIONS

Control descriptions will not be issued at registration. You will pick them up at the starting grid, so will need a description holder in which to put the control descriptions. Orange, Yellow, and White courses will have control descriptions in English. If you are running on a Red course and unfamiliar with IOF pictorial control descriptions, refer to the resources section of the website for a link to a summary page and the IOF control descriptions explanation e-book.

START PROCEDURES

All participants need to be aware of the information in this event programme. Details contained in this programme will not be announced at the start. If required, there may be brief instructions at the start if the details are not included in this programme.

All competitors are expected to be present through each step of their start time allocated pre-start procedures.

PLEASE REPORT TO THE START AREA AT LEAST 6 MINUTES BEFORE YOUR START TIME.

A LARGE DIGITAL CLOCK DISPLAYING RACE TIME WILL BE PLACED AT THE PRESTART.

For Saturday and Monday forest races, the prestart call-up time is 4 minutes before start time.

For Sunday AM Woodhill Forest race, the prestart call-up time is 3 minutes before start time.

If you are late for your pre-start call up time, tell the start official. It will be at the discretion of the start team whether they can fit you into your allotted slot or how you will be fitted into the start at the first convenient time, but your race time will run from your original start time. The start team will note the time slot you started in.

If you consider that you have a valid reason for being late, explain that to the event controller after you have finished.

Refer to each event section below for further information on start procedure.

SAFETY AND FIRST AID

GENERAL

Competitors are expected to render assistance on their course to anyone who is injured, has blown their whistle (see below), and requires physical assistance. Please render assistance as needed, and make Registration aware of the issue. Depending on the nature of the problem, we can organise the appropriate response, either using first aid trained people attending the event, or in the event of a serious injury, organising specialist medical help or ambulance.

If there a life-threatening medical issue, call 111 as soon as possible, and send someone else to notify Registration and the Controller.

AT REGISTRATION, THERE WILL BE:

First Aid Kit

Ice

Defibrillator (Monday only)

WHISTLES

Please carry a whistle for your own safety. The recognised distress signal is a series of six short blasts on a whistle. Use your whistle if you need urgent help because of an injury or distress. Pause and listen for reply and repeat to allow them to locate you. Remember that one blast on your whistle will ruin the event for everyone who hears it, because they will all stop orienteering and come looking for you.

ELECTRIC FENCES

There are unmapped electric fences to cross at the sides of most roads in Woodhill forest which are turned off, but running into them at speed is not recommended. Be careful.

HORSES

The roads in Woodhill Forest are often crossed by equestrian riders. The horses spook very easily. They are accustomed to a vacant forest and even a parked car where the horses don't expect can frighten them. Please slow your vehicle down to a crawl if there are horses on the side of the road.

Equestrian organisers ask that if you see a horse and rider you should call out clearly something like "Giddyay! Hello there! How's it going!" to make the horse and rider aware of your presence before you startle them.

This advice especially applies to Yellow and White courses that tend to use horse tracks.

MOTORBIKES

In Woodhill forest, some illegal motorcyclists have been known to use roads and tracks at any time anywhere in the forest, so you may encounter motorcyclists during the event.

OTHER WOODHILL FOREST AND MURIWAI REGIONAL PARK USERS

While the event area of Woodhill forest has been assigned for our use only, there is a possibility that emergency vehicles or forestry staff may need to come through at any time due to incidents we know nothing about. Please check when crossing metal roads.

In addition, there is a possibility that other forest managers or stakeholders may visit the area using a vehicle, motorbike, or horse.

The Woodhill 100 Enduro off road vehicle racing is operating over the weekend in the northern half of the forest.

KEEP ALL ROADS CLEAR OF STOPPED VEHICLES AT ALL TIMES.

ELECTRONIC PUNCHING SYSTEM

We will be using the SportIdent electronic punching system for all events.

USING THE SPORT IDENT CARD

If you have not used a SportIdent Card before, the thin long elastic band is worn around the wrist as a backup to avoid loss and the SportIdent card is worn on the index or middle finger. Adjust the finger band so it is tight and comfortable on the finger. If you are unsure, please don't hesitate to ask at registration or another competitor to show you how to use it.

Note – it is the competitors responsibility to ensure the SportIdent control unit flashes and/or beeps, when they place their SportIdent Card in it at each control and finish. Failing to do this may result in a mispunch, and a void run of their course.

CLEAR AND CHECK SPORTIDENT CARD BEFORE STARTING

The SportIdent Card must be electronically cleared and checked before you start your course.

1. As you enter the start area, place your SportIdent Card into the "**CLEAR**" control unit. It will be clearly marked. Hold it there for a couple of seconds and you should be given a red light and a beep, confirming that your card is working and has been cleared.

2. Next, place your SportIdent Card into the “CHECK” control unit, to confirm that it has been properly cleared.

CONTROL PUNCHING

At each control, place the end of the SportIdent Card into the hole in the top of the flat box mounted on the control stand. Hold it there briefly until a red light or a beep indicates that the control unit has transferred its number and time on to your SportIdent Card. If in doubt, do it again – it does not matter if you record the same control twice.

If a control unit should fail during the event and not give you a red light and a beep after a couple of tries, use the clipper on the control stand to punch one of the boxes printed on the edge of your map. Make sure you draw this to the attention of the staff at the finish.

If you put your SportIdent Card into a control unit that is not yours, don't worry. Just find the correct control and go through the process again. The wrong one will be discarded.

FINISH CONTROLS

When you reach the finish line, don't forget to put your SportIdent Card into one of the control units situated directly on the finish line. Again, wait for the beep and the red light, confirming your finish. Then proceed down the short chute to the download station, which will read the information off your SportIdent Card and print out a sheet showing your course time and the split times between all controls.

Your SportIdent Card has a number that is related specifically to you as a competitor. The cards must not be loaned to anyone else during the event. If you lose a hired SportIdent Card there will be a charge of \$65 to cover the cost of a replacement.

ONSITE SERVICES

MAPSPORT SHOP

Michael Wood from the MapSport shop (www.mapsport.co.nz) based in Wellington will be onsite selling a wide range of orienteering equipment, clothing, and footwear. Michael will be available throughout the weekend to answer any questions and help with your selection. Mapsport has donated an item for the spot prizes.

Available on: Saturday ✓ Sunday ✓ Monday ✓

INOV-8 SHOES

Daniel Te Huia from Expedio/High Beam will be present to demonstrate and sell products – particularly Inov-8 shoes. Inov-8 is a popular range of technical shoes used for orienteering and other off road sports. The company has offered 2 pairs of shoes for sport prizes, and other items.

Available on: Saturday ✓ Sunday ✓ Monday ✗

JWOC CALENDAR

Calendars ordered on the entry form can be picked up at registration.

An inspection copy is available at registration and on-the-day sales are available. \$20 each – Fundraiser for NZ JWOC team.

Available on: Saturday ✓ Sunday ✓ Monday ✓

OTHER ITEMS FOR SALE

Number Plate Surrounds "Map Magic – NZ Orienteering", several books published by orienteers, and other items may be available for purchase.

Available on: Saturday ✓ Sunday ✓ Monday ✓

FOOD/CATERING

We encourage attendees to spend up large and support these caterers.

"PAUSE" COFFEE TO RECHARGE

"Pause" Coffee to Recharge - Glenn Wenzlick providing fresh coffee and hot chocolate drinks

Available on: Saturday ✓ Sunday ✓ Monday ✗

KAUKAPAKAPA SCHOOL BARBEQUE

Items available: sausage sizzle, steak sandwiches and cold drinks

Fundraiser for: Kaukapakapa school Year 7 & 8 students school trip to Wellington in November this year.

Available on: Saturday ✓ Sunday ✓ Monday ✗

SATURDAY NIGHT SOCIAL DINNER

The meal is Fish/Chicken, Chips & Coleslaw with refreshments available at the bar. Downstairs shower and changing room is available. See below for more details.

Available on: Saturday ✓ Sunday ✗ Monday ✗

SATURDAY SOCIAL AFTERNOON AND EVENING

Muriwai Golf Club welcomes orienteers to share a drink or relax in their spectacular lounge during the afternoon (maybe watch the night event being set up!), or any orienteers, night course participants especially, are welcome to enjoy the venue until later in the evening even if you are not having dinner.

The social evening and celebration meal will be held at the Muriwai Golf club on Saturday night. The orienteering event starts at 6:00 pm and the meal will be available at about 7:30 pm. Showers are available in the basement of the clubrooms. There is a golf tournament during the day so we may be sharing the facilities.

Details for booking dinner are on the entry form, and any late dinner attendees should contact Selwyn Palmer ASAP to assess if there are any spaces available. (Contact details in "General Enquiries" on Page 2)

Cost: Seniors and over \$15, Juniors (6-20 years), 5 years and under \$6.

At golf course clubrooms, if you have paid for dinner, there will a table where you can obtain your meal ticket and have your name checked off the master list.

DIRECTIONS FOR MURIWAI GOLF CLUB

101 Coast Road, Muriwai Beach, Auckland - (09) 411 8454

From Auckland take the North-Western motorway and continue following State Highway 16. There will be event direction signs from the turn-off to your left at Waimauku. About a kilometre before Muriwai beach turn right into Coast Road. Go along Coast Road for approximately 1 km and you will see the Golf Club on your left.

COMPETITIONS

QUEENS BIRTHDAY WEEKEND COMPETITION OVERVIEW

There are two Long (multi day distance) races, one on Saturday and one on Monday. On the Sunday are two short distance races, the second of which will have a chasing start. The event winner will have the shortest total time calculated from all four races over three days. The times from the two Day 2 races will be added. Each event will also be regarded as a unique competition. Thus there will be winners and place getters for each day as well as for the JWOC sprint event on Saturday evening.

In the case of the JWOC sprint, the results are based on the combined times of each of the three mini sprints, with the overall combined time counting for the results.

SUPER SERIES – ELITE COMPETITION

The three A-Grade forest events of Queen's Birthday form Round three of the 2010 New Zealand Super Series competitions for elites and top juniors. Eight super series races have been completed to date and Queen's birthday events are the 9th to 11th races for the 2010 season. Further information is available at <http://www.maptalk.co.nz/superseries/>

Silva SuperSeries Background (extract from website)

"The SuperSeries was invented in 2002 by the National Squad to provide more elite competition within New Zealand orienteering. With the majority of international competitions taking place in the European Summer peaking with the annual World Championship in August, it is important to create a domestic competition season through late summer/autumn that allows a thorough build-up to the international events.

In 2006 the JuniorSeries was inaugurated, supporting our best junior orienteers and their build-up to the Junior World Championships. The JuniorSeries was further incorporated into the SuperSeries in 2008 (and remains so) with most events competed on the same courses except the very long ones. This will provide a bigger overall depth in the SuperSeries and a bigger challenge for the juniors. The Juniors will score a double counting in both SuperSeries and JuniorSeries at the same time.

The Regional Team Competition is generating interest and support locally, with regions developing uniform running gear and websites with the help of sponsors. The regional teams are the Bivouac Southerly Storm, Herd Homes Central Magic and MacNut Northerners. The Northerners won comfortably in the 2009 Series, but this year the Central Magic looks very strong with the return (from Europe) of top athletes Ross Morrison, Bryn Davies and Piret Klade as well as novel developments in their training community. Southerly Storm is as always a force to reckon with especially with Nationals on home ground and it is all set for a very exciting battle in the Regional Team Competition."

AUSTRALIA'S BUSHRANGERS VS NEW ZEALAND'S PINESTARS TEST MATCH

The Australian Bushrangers and New Zealand Pinestars are attending the Queen's Birthday Carnival races to compete against each other as part of the Australia vs New Zealand Test Match.

An introduction of international teams or representatives will be made in the break between the two Sunday races.

SECONDARY SCHOOL INTER-REGIONAL CHALLENGE

Along with this year's Queen's Birthday event the Regional Schools Challenge is being held for the second year running. Hopefully this will continue to be part of this event on an annual basis.

This year we have a trophy that has been sponsored by ASB College Sport. The trophy will be presented to one of the six regional schools teams entered, which gains the most points by the end of Day 3.

In this year's competition there are 3 teams from Auckland, 2 from Hawkes Bay and 1 from Wellington competing. Each team consists of Senior, Intermediate and Junior, boys and girls teams. Teams are made up of two to four members with the best two times per team counting to their overall team time and points. Each grade competes for points from, 6 for first down to 1, and the team with the most points accumulated over the three days of competition will take out the trophy. Last year's winners were Hawkes Bay A by 2 points from Auckland A.

This competition brings together close to 100 of some of the best secondary school orienteers in the North Island and is a good lead up towards the NZSS Champs in mid-July.

NOVELTY COMPETITIONS

JWOC FUNDRAISER SPRINT

There is a fun night sprint relay, teams of two and two loops each, which is being held on the Saturday night. This is a fundraising event being organised by the four Auckland Area members of the JWOC team, Gene Beveridge, Jourdan Harvey, Matthew Ogden and Toby Scott. All money raised at this event will go towards getting them to JWOC in Aalborg, Denmark this year. See the event details including race format later in the programme.

FASTEST SPLIT

Saturday Forest Event – fastest split competition is for the finish leg split – last control to finish. The fastest split times and prize will be announced during the Sunday prize giving.

FANCY DRESS – SATURDAY GOLF EVENT

We encourage fancy dress, particularly on Saturday night, and the best fancy dress (Royal or Queen Theme) winner will be announced during Sunday prize giving.

LOLLY SCRAMBLE

Refer to Prizegiving, Presentation of International Teams, Spot Prizes and Lolly Scramble on page 18

SPOT PRIZES

Spot prizes will be given out in between the two races on Sunday.

Refer to Prizegiving, Presentation of International Teams, Spot Prizes and Lolly Scramble on page 18

THANKS TO OUR SPONSORS/SUPPORTERS:

SPONSORS:



technical offroad footwear

SUPPORTERS:

- Wentworth College – Marquee Tents
 - Sport Auckland – PA System
 - Auckland Athletics – Time Clock
 - Kaukapakapa school – Food Services
 - Saucy Hot Design - website design
-

RACE STATUS

- ✓ NZOF A-Grade Badge event
- ✓ Australia vs. New Zealand Challenge
- ✓ Super Series Race
- ✓ Secondary Schools Challenge

DRIVING DIRECTIONS

From Auckland take the North-Western motorway and continue following State Highway 16 towards Helensville.

The event will be signposted from the SH16 Muriwai turn-off at Waimauku. Continue on SH16 following signs.

Restall Road will be on the left hand side of SH16 when driving from Auckland.

Event location is about 5 minutes drive from Woodhill HQ forest gate on Restall Road.

After passing through the gate, continue along Restall Road, turn right onto Inland Road, left onto Puketapu Road.

GATE OPENING TIMES

On Saturday only, the gate will be open between 09:45hrs - 1700hrs. Please ensure the road is not blocked at any time. If you find you cannot proceed, please ensure you pull over to the side of the road.

PLEASE INFORM THE GATE SECURITY PERSON THAT YOU ARE THERE FOR THE ORIENTEERING. *If they ask, it's the Queen's Birthday 3 day event being run by Auckland and North-West Orienteering Clubs. They will record your vehicle registration number.*

PARKING

Parking is as directed on the side of Puketapu Rd, 200m - 800m to event centre. Please ensure that you park your vehicle so emergency vehicles and other vehicles can still use the road.

REGISTRATION / ASSEMBLY / START / FINISH AREA

Event centre and finish area is the same on Saturday and Sunday. – about 300 metres walk from the first parked cars (as the parking is filled up the walk will extend). Bring your gear for the day to the event centre.

White/Yellow courses: The walk to Start from the Event Centre is 200m.

Orange/Red courses: The walk to Start from the Event Centre is 100m.

OUT OF BOUNDS

The Forest on both sides of Puketapu Road including where the parking is out of bounds – applies to Saturday and Sunday.

MAP

Area remapped by Selwyn Palmer and used for the New Zealand Orienteering Championships 2009.

MAP SCALE

Scale **1:10,000**, Contour Interval **2.5m**

TERRAIN

Mostly complex intricate sand dune terrain.

HAZARDS

Typical forest event hazards. Rough ground, trimmings, trees. Possible quad bikes or horses on tracks.

Queen's Birthday Royal Orienteering Carnival

WATER

On Saturday, water will be available on most courses and at the finish.

SAFETY BEARING

North to Inland Road or Puketapu Rd. If lost, wait beside any control or find the nearest road or track and wait there.

COURSE CLOSURE TIME

3:30pm

SPECIAL NOTES

COURSE 9 AND 10 USERS WITH NEW SI-CARD 8 OR 9

Competitors on courses 9 and 10 that use the SportIdent SI-Card 8 or SI-Card 9 version should report to registration, and may be given a free temporary loan replacement card. In most cases, "SI-Card 8" or "SI-Card 9" will be shown on the back of the card.

LOGGING FELLED AREA

An area of trees has been felled, on the map, in the weeks and days before the event. The logging is continuing in one end of the clearing, but we will not know how much cutting is made in the week before the event.

Some courses will cross the northern end of the felled where logging has been completed. Courses have been adjusted to avoid the southern end of the felled area, where the logging continues. As estimate of the vegetation boundary at the southern end, has been made which is where we think the logging may progress to.

Any competitor that runs around the felled area at the southern end should treat the vegetation boundary between the felled and forested area, as an estimate.

MURIWAI REGIONAL PARK NOTICES

Some red courses will enter the Muriwai Regional Park tussock area, which is a sensitive conservation environment. While in this area all care should be taken to protect the environment.

While within Muriwai Regional Park, ARC requires participants keep to formed tracks, accessways, and roads wherever possible. Duneland and dune plantings are to be avoided.

ARC REQUESTS ALL EVENT PARTICIPANTS' FOOTWEAR MUST BE CLEAN¹ PRIOR TO THE EVENT STARTING.

ARC REQUESTS ALL FOOTWEAR MUST BE CLEANED AT COMPLETION OF EVENT (ON SITE OR AT HOME).

The regional park is not closed for the duration of this event and participants may encounter other users during the event, who should be treated with respect and must be given time and space to pass.

START PROCEDURES (SATURDAY)

Refer also to "Start Procedures" on Page 5

For the Saturday Woodhill forest race, the prestart call-up time is 4 minutes before start time.

The start procedure will be as follows:

- -4 min Check off name and SI card number, Clear and Check, move up to collect control description;
- -2 min: Go to map box, confirm correct map, write name on back.
- 0 min: Start.

¹ Suitable hygiene level is defined as "removal of all soil/debris from footwear used in the event"

START TIMES

Start times are from 11:00am.

EVENT OFFICIALS

Course Planner: Rudy Hlawatsch

Event Controller: Scott Vennell

Coordinator: Melvina Wise

COURSE LENGTHS AND DETAILS:

Course Lengths and details:

Course	Classes (M)	Classes (W)	Grade	Length (km)	Climb (m)
1	M21E		Red	11.8	210
2	M20A, M21A	W21E	Red	8.0	135
3	M18A, M40A, C3 Open-M	C3 Open-W	Red	7.0	130
4	M16A, M50A, C4 Open-M	W18A, W20A, W21A, W40A, C4 Open-W	Red	5.7	100
5	M60A, C5 Open-M	W16A, W50A, C5 Open-W	Red	4.6	90
6	M70A, M80A, C6 Open-M	W60A, W70A, W80A, C6-Open-W	Red	3.3	80
7	M14A, M Open Orange Long	W Open Orange Long	Orange	4.2	90
8	M Open Orange Short	W14A, W-Open-Orange-Short	Orange	2.9	60
9	M12A, M Open Yellow	W12A, W Open Yellow	Yellow	2.5	50
10	M10, M Open White	M10, W Open White	White	1.7	30

EVENT STATUS

- | | |
|---------------------------------------|---|
| ✘ NZOF A-Grade Badge event | ✓ Fundraiser for NZ development squad members |
| ✘ Australia vs. New Zealand Challenge | ✓ Social Fun event |
| ✘ Super Series Race | ✓ Night Sprint Relay |
| ✘ Secondary Schools Challenge | |

LOCATION AND ACCESS

The event centre is at the Muriwai Golf Club.

From Auckland: take the North-Western motorway and continue following State Highway 16. There will be event direction signs from the turn-off to your left at Waimauku.

From the Saturday Event: Turn right out of Restall Road and head south on SH16. At Waimauku, turn right towards Muriwai as signposted.

At the fire station, about a kilometre before Muriwai beach turn right into Coast Road.

Go along Coast Road (loose metal road) for approximately 1 km and you will see the Golf Club on your left.

MAP

This map has been created in 2010, by Selwyn Palmer

MAP SCALE

Muriwai Golf Course – **1:5000**, **2.0m** Contour

SPECIAL HAZARDS AND RESTRICTIONS

This is a Golf Course, and whilst we do not expect anyone to be playing at this time, we still need to be mindful that someone may in fact be on the course, with the resultant hazard that flying golf balls present (unlikely, but possible). There are some water features, and the usual ground hazards, particularly in areas of rough.

A TORCH IS REQUIRED

TERRAIN

This is super-fast terrain, taking you across the golf course greens.

SPECIAL INSTRUCTIONS

An instruction sheet and team registration form for this novel event will be available from registration on Saturday and on the website

SPECIAL RESTRICTIONS

NO SPIKED SHOES ALLOWED. Please also leave any equipment and other private property alone. Please leave no trace.

OUT OF BOUNDS

Please keep away from any golf club buildings or equipment, and any other private property that you may stumble across.

CLOTHING

There are minimal ground cover hazards. Clothing choice optional. **TORCH (HEAD OR HAND) REQUIRED.**

See also "Fancy Dress – SATURDAY Golf Event" on page 10.

FORMAT

The format of this event is a two person sprint relay. Pairs can be registered on the day and anybody without a pairing will be randomly matched to another runner from within their class, either highly competitive or casual competitive. Team lists will be available at the start. Please submit your Pairs in writing clearly indicating name and SI number to the Saturday event registration by 2:00pm. You may also submit by email gbc2010@gmail.com before 9:00pm Friday.

Each runner will complete two loops, so the team will complete four loops overall. There are only two different loops and each team will receive two maps, the first at the start and the second after each runner has completed the first loop. The map will be used as a tag and needs to be passed to the second leg runner.

At the "second start" the third leg runner (same person as the first leg runner) will need to pick up a new map out of either box A or B, it is your responsibility to pick up the correct map based on the loop you ran first, if your first map has loop A on it you need to pick up loop B and vice versa. This new map will be used as the tag between leg 3 and leg 4.

At the start of each loop you will need to punch a designated "**START**" box, do not worry, this will not delete the results of your previous loop. At the finish of each loop you need to punch a similar "**FINISH**" box before tagging your team-mate.

START TIMES

Teams may start any time after 6:00pm and before 7:15pm.

COURSE CLOSURE

Course closure is 8:00pm.

COURSE DETAILS

Each runner will complete both Course A and B – a total of 3.4km

Course	Distance (m)
A	1.7km
B	1.7km

SUNDAY 6 JUNE 2010 – WOODHILL FOREST: DOUBLE SHORT DISTANCE

RACE STATUS

- ✓ NZOF A-Grade Badge event
- ✓ Australia vs. New Zealand Challenge
- ✓ Super Series Race
- ✓ Secondary Schools Challenge

DRIVING DIRECTIONS

Same as Saturday. About 5 minutes drive from Woodhill HQ forest gate on Restall Road. After passing through the gate, continue along Restall Road, turn right onto Inland Road, left onto Puketapu Road.

GATE OPENING TIMES

The gate on Restall Road will be open between 8:30 AM to 5:00 PM. Please do not arrive before this time and ensure the road is not blocked at any time. If you find you cannot proceed, please ensure you pull over to the side of the road where practical.

PLEASE INFORM THE GATE SECURITY PERSON THAT YOU ARE THERE FOR THE ORIENTEERING. *If they ask, it's the Queen's Birthday 3 day event being run by Auckland and North-West Orienteering Clubs. Your vehicle registration number will be recorded.*

PARKING

Parking is along Puketapu Road. Please ensure that you park your vehicle so fire trucks and other vehicles can still use the road.

REGISTRATION / ASSEMBLY / START / FINISH AREA

Event centre and finish area is the same as Saturday's – about 300 metres walk from the first parked cars (as the parking is filled up the walk will extend). Bring your gear for the day to the event centre. The AM (Morning) start is about 1.1km flat walk from the finish / event centre (**ALLOW 15 MINUTES WALK**).

OUT OF BOUNDS

All forest on the northern side of Puketapu Road – applies to Saturday and Sunday.

MAP

Southern area of map originally named White's Line (predating the current generation of trees). Area remapped by Mike Beveridge 2009 and last used for the Auckland Champs 2009.

MAP SCALE

Course 1 – 2	1:10,000	2.5 meter contours
Course 3 – 10	1:7,500	2.5 meter contours

LEGEND

Both races, most courses will not have a legend on the map. Map legends will be displayed at the registration area.

TERRAIN

Classic Woodhill forested sand dune terrain, with some areas of complex contours.

Forest is relatively mature with generally good visibility.

Run ability is mostly very good. Scattered old trimmings and some cutty grass in some areas. Part of the map is marked as slow run, but it is never too bad.

Leg protection is recommended.

Clearings and vegetation boundaries marked on the map and not marked on the map need to be interpreted with caution. On a sunny day open parts of the forest can appear to be possible clearings (but are not marked as such).

Some parts of the map have rides (a row of trees removed), that are not marked in any way on the map.

No electric fences (well the setter and controller haven't found any)

HAZARDS

Typical forest event hazards. Rough ground, trimmings, trees. Possible quad bikes or horses on tracks.

WATER

No water on courses.

SAFETY BEARING

Safety bearing is SE to Puketapu road and event centre.

COURSE CLOSURE TIME

AM race course closure is 12.30 PM.

PM race course closure is 3.15 PM.

EVENT FORMAT FOR THE DAY (SUNDAY)

Two "short forest races". Winning time for each race about 20 to 25 minutes. Result for the day is the total time for the two races.

NOTE: W20A and W21A are running on Course 3 today

START PROCEDURES (SUNDAY)

Please also refer to "Start Procedures" on page 5.

AM (MORNING) RACE

Start times are from 9.30, one minute gaps between competitors.

AM (Morning) start is about 1.1km flat walk from the finish / assembly area (ALLOW 15 MINUTES WALK).

For Sunday AM Woodhill Forest race, the prestart call-up time is 3 minutes before start time.

The start procedure will be as follows:

- -3 min: Check off name and SI card number;
- -2 min: Collect control description sheet;
- -1 min: Go to map box, confirm correct map, write name on back.
- 0 min: Start.

PM (AFTERNOON) RACE

For the PM race chasing start. **COMPETITORS WILL BE REQUIRED TO WRITE THEIR START TIME ON THE BACK OF THEIR LEFT HAND.** This is to help competitors queue in start order and for officials to marshal the start process. Waterproof pens will be available at the registration / finish area.

PM (Afternoon): chasing start for all courses. Fastest competitors start first.

Your PM start time is 1PM + your morning's race time.

So, for example, you took 28 min 5 sec in the AM race, your PM race start time will be 28 minutes and 5 seconds after 1 PM (1.28.05pm).

For the PM start competitors will queue in start time order (single file).

If your AM race time was 60 minutes or longer, you will be mass started at 2PM.

Control descriptions will be issued 2 min before your start time and the map as you start.

The PM start is about 300m from the assembly / finish area.

EVENT CENTRE

PRIZEGIVING, PRESENTATION OF INTERNATIONAL TEAMS, SPOT PRIZES AND LOLLY SCRAMBLE

At 12 noon on Sunday there will be a prize giving for the winners of the fastest sprint on Saturday, the Saturday evening JWOC sprint events, and the fancy dress.

This will be followed by an introduction of international teams or representatives:

Australian Bushrangers and NZ Pinestars;

NZ Junior World Orienteering Championships team;

NZ World Orienteering Championships team;

NZ World University Games team.

Then, a spot prize draw, and lolly scramble.

EVENT OFFICIALS

Course Planner: Geoff Mead

Event Controller: Mark Lawson

Coordinator: Phillipa Poole

COURSE LENGTHS AND DETAILS

Course	Classes (M)	Classes (W)	Grade	Length AM (km)	Length PM (km)	Climb (m)
1	M21E		Red	4.7	3.8	
2	M20A, M21A	W21E	Red	3.5	3.4	
3	M18A, M40A, C3 Open-M	C3 Open-W W20A, W21A	Red	2.9	3.1	
4	M16A, M50A, C4 Open-M	W18A, , W40A, C4 Open-W	Red	2.7	2.9	
5	M60A, C5 Open-M	W16A, W50A, C5 Open-W	Red	2.5	2.5	
6	M70A, M80A, C6 Open-M	W60A, W70A, W80A, C6-Open-W	Red	1.7	1.7	
7	M14A, M Open Orange Long	W Open Orange Long	Orange	2.5	2.0	
8	M Open Orange Short	W14A, W-Open-Orange-Short	Orange	1.9	1.7	
9	M12A, M Open Yellow	W12A, W Open Yellow	Yellow	1.5	1.5	
10	M10, M Open White	M10, W Open White	White	1.5	1.6	

RACE STATUS

- ✓ NZOF A-Grade Badge event
- ✓ Australia vs. New Zealand Challenge
- ✓ Super Series Race
- ✓ Secondary Schools Challenge

DRIVING DIRECTIONS

PLEASE NOTE: SPECIAL DRIVING DIRECTIONS AND RULES FOR ENTERING THE PARKING AREA

SPECIAL DIRECTIONS FOR PLANTATION MAP

The entrance to the event centre is off one of the most dangerous roads in New Zealand.

DO NOT ENTER FROM THE NORTH

Travelling from the north go past the farm and take the turn toward THAMES. There are several turning points along this road but we advise you to travel 2k to a café on the left where you can turn safely. It will be signed from this turn back to the event centre.

ONLY ENTER THE EVENT CENTRE FROM THE SOUTH

START IS 10 MINUTES FROM THE PARKING.

MAP

MAP SCALE

Courses 1 to 6, **1:10,000** **5.0** meter Contours

Courses 7 to 10, **1:7,500** **5.0** meter Contours

Mainly gully, spur unpruned pine forest - steep in places. Some clearings on map now becoming a little vague on the ground as the canopy closes over.

Fences in the forest and on the farmland are not shown on Courses 1 to 6, but are on the maps for Courses 7 to 10.

MAP CHANGE

Course 1 will have a map change

SPECTATOR CONTROL

Courses 1 and 2 will have a spectator control near the finish.

CONTROL DESCRIPTIONS

For courses 7 to 10, text control descriptions will be printed on the map.

SPECIAL HAZARDS AND RESTRICTIONS

On the farmland please cross fences at posts, and cross gates at the hinge end.

WATER

No water on courses.

SAFETY BEARING

North

START PROCEDURES (MONDAY)

Refer also to "Start Procedures" on Page 5

For the Monday forest race, the prestart call-up time is 4 minutes before start time.

The start procedure will be as follows:

- -4 min Check off name and SI card number, Clear and Check, move up to collect control description;
- -2 min: Go to map box, confirm correct map, write name on back.
- 0 min: Start.

START TIMES

Start times are from 10:00am.

COURSE CLOSURE

14:30 (2:30pm)

COURSE LENGTHS AND DETAILS

Course	Classes (M)	Classes (W)	Grade	Length (km) (approx.)	Climb (m)
1	M21E		Red	8.4	
2	M20A, M21A	W21E	Red	6.5	
3	M18A, M40A, C3 Open-M	C3 Open-W	Red	4.9	
4	M16A, M50A, C4 Open-M	W18A, W20A, W21A, W40A, C4 Open-W	Red	4.5	
5	M60A, C5 Open-M	W16A, W50A, C5 Open-W	Red	3.6	
6	M70A, M80A, C6 Open-M	W60A, W70A, W80A, C6-Open-W	Red	2.8	
7	M14A, M Open Orange Long	W Open Orange Long	Orange	3.6	
8	M Open Orange Short	W14A, W-Open-Orange-Short	Orange	2.8	
9	M12A, M Open Yellow	W12A, W Open Yellow	Yellow	2.4	
10	M10, M Open White	M10, W Open White	White	2.1	

NOTES ON CHANGES TO THIS PROGRAMME

1 June 2010 – V1 - Initial Release.

3 June 2010 – V1b – removed incorrect statement on page 9 "The NZOF levy has been waived for the secondary school competitors for this Regional Schools Challenge." This is not the case and the NZOF levy does apply.

3 June 2010 – V2

- Added statement: NO SMOKING. Smoking is strictly prohibited at all of the events, including inside vehicles, and to and from the events within forest/park areas.
- Added section for Saturday Woodhill Forest Event

MURIWAI REGIONAL PARK NOTICES

Some red courses will enter the Muriwai Regional Park tussock area, which is a sensitive conservation environment. While in this area all care should be taken to protect the environment.

While within Muriwai Regional Park, ARC requires participants keep to formed tracks, accessways, and roads wherever possible. Duneland and dune plantings are to be avoided.

ARC REQUESTS ALL EVENT PARTICIPANTS' FOOTWEAR MUST BE CLEAN² PRIOR TO THE EVENT STARTING.

ARC REQUESTS ALL FOOTWEAR MUST BE CLEANED AT COMPLETION OF EVENT (ON SITE OR AT HOME).

The regional park is not closed for the duration of this event and participants may encounter other users during the event, who should be treated with respect and must be given time and space to pass.

² Suitable hygiene level is defined as "removal of all soil/debris from footwear used in the event"