

Pl	Stno	Name	Time														
Red 1 (17)				10.5 km 0 m 21 C													
				1(37) 15(76)	2(91) 16(87)	3(80) 17(93)	4(42) 18(95)	5(43) 19(84)	6(44) 20(85)	7(92) 21(60)	8(58) F	9(88)	10(63)	11(81)	12(64)	13(79)	14(75)
1		Thomas Reynolds NWOC	58:27	1:55 1:55	6:54 4:59	8:21 1:27	10:29 2:08	12:49 2:20	13:25 0:36	15:47 2:22	20:40 4:53	23:12 2:32	25:10 1:58	26:45 1:35	28:27 1:42	31:15 2:48	32:54 1:39
2		Duncan Morrison	59:11	1:52 1:52	6:33 4:41	8:02 1:29	10:21 2:19	12:37 2:16	13:29 0:52	16:10 2:41	20:16 4:06	22:56 2:40	25:11 2:15	26:46 1:35	28:29 1:43	30:59 2:30	32:55 1:56
3		Simon Jager AOC	1:00:08	1:56 1:56	6:25 4:29	7:54 1:29	10:19 2:25	12:59 2:40	13:40 0:41	16:26 2:46	20:27 4:01	23:34 3:07	25:50 2:16	27:41 1:51	29:22 1:41	32:18 2:56	34:11 1:53
4		James Bradshaw CMOC	1:06:17	1:51 1:51	6:15 4:24	7:51 1:36	10:13 2:22	12:47 2:34	13:28 0:41	16:26 2:58	20:39 4:13	22:59 2:20	25:08 2:09	27:27 2:19	29:16 1:49	31:59 2:43	33:48 1:49
5		Nick Mead NWOC	1:06:53	1:57 1:57	7:02 5:05	8:44 1:42	11:20 2:36	13:58 2:38	14:49 0:51	17:51 3:02	22:30 4:39	25:45 3:15	28:21 2:36	30:03 1:42	31:53 1:50	34:50 2:57	36:45 1:55
6		Jourdan Harvey CMOC	1:12:52	2:02 2:02	6:29 4:27	9:38 3:09	11:57 2:19	14:40 2:43	15:25 0:45	18:18 2:53	22:41 4:23	25:17 2:36	27:18 2:01	29:10 1:52	30:53 1:43	38:44 7:51	40:34 1:50
7		Allan Janes NWOC	1:30:17	3:09 3:09	10:29 7:20	13:04 2:35	17:50 4:46	21:56 4:06	23:03 1:07	26:48 3:45	32:34 5:46	35:56 3:22	39:03 3:07	41:30 2:27	43:48 2:18	47:56 4:08	50:44 2:48
8		Dennis Wakefield NWOC	1:35:30	2:23 2:23	8:11 5:48	10:09 1:58	13:17 3:08	16:25 3:08	18:28 2:03	27:51 9:23	33:14 5:23	36:23 3:09	39:25 3:02	43:29 4:04	46:17 2:48	50:37 4:20	53:25 2:48
9		Owen Means NWOC	1:36:45	3:04 3:04	9:29 6:25	11:55 2:26	15:29 3:34	19:36 4:07	20:38 1:02	25:46 5:08	32:13 6:27	35:50 3:37	39:05 3:15	41:47 2:42	44:09 2:22	48:26 4:17	51:15 2:49
10		Steve Oram AOC	1:38:15	2:16 2:16	9:36 7:20	13:14 3:38	17:12 3:58	21:20 4:08	24:10 2:50	28:20 4:10	34:23 6:03	37:39 3:16	40:25 2:46	43:18 2:53	45:26 2:08	50:26 5:00	53:04 2:38
11		Bruce Peat CMOC	1:41:43	2:56 2:56	10:05 7:09	13:32 3:27	17:18 3:46	20:56 3:38	21:57 1:01	28:01 6:04	34:20 6:19	37:41 3:21	40:49 3:08	46:08 5:19	50:20 4:12	54:19 3:59	57:07 2:48
12		Steve Pyatt NWOC	1:45:38	2:57 2:57	10:40 7:43	12:46 2:06	16:21 3:35	20:10 3:49	21:11 1:01	32:44 11:33	38:48 6:04	43:06 4:18	46:51 3:45	49:13 2:22	51:29 2:16	56:12 4:43	59:31 3:19
13		Kingsley Ng-Wai St NWOC	1:46:41	2:58 2:58	14:49 11:51	17:21 2:32	21:46 4:25	25:43 3:57	27:00 1:17	32:07 5:07	37:43 5:36	41:07 3:24	44:23 3:16	46:46 2:23	49:16 2:30	53:10 3:54	56:02 2:52
14		Scott Vennell AOC	1:49:16	3:29 3:29	12:37 9:08	15:14 2:37	18:56 3:42	23:05 4:09	25:28 2:23	36:22 10:54	42:42 6:20	45:23 2:41	48:02 2:39	54:08 6:06	58:02 3:54	1:01:46 3:44	1:04:43 2:57
15		Geoff Leyland NWOC	1:58:02	3:21 3:21	10:28 7:07	15:26 4:58	20:59 5:33	26:40 5:41	27:55 1:15	32:06 4:11	41:02 8:56	44:54 3:52	48:09 3:15	51:42 3:33	54:43 3:01	58:36 3:53	1:02:21 3:45
16		Adam Barker	1:58:04	8:01 3:23	7:13 10:30	5:31 15:27	4:16 21:05	11:52 26:42	4:13 27:55	12:49 32:07	1:58:02 41:21	44:57 44:57	48:21 48:21	51:43 51:43	54:45 54:45	58:48 58:48	1:02:28 1:02:28
17		Tony Cooper AOC	:29:37	4:15 4:15	14:04 9:49	19:45 5:41	24:45 5:00	36:42 11:57	40:30 3:48	46:15 5:45	55:00 8:45	1:01:21 6:21	1:06:14 4:53	1:09:52 3:38	1:13:56 4:04	1:19:45 5:49	1:24:04 4:19

Red 2 (22)				7.5 km 0 m 14 C													
				1(33) F	2(82)	3(64)	4(73)	5(74)	6(94)	7(34)	8(76)	9(87)	10(93)	11(95)	12(84)	13(85)	14(60)
1		Sam Peat CMOC	53:38	4:03 4:03	5:25 1:22	7:00 1:35	8:52 1:52	11:51 2:59	14:31 2:40	20:08 5:37	24:30 4:22	27:25 2:55	31:21 3:56	34:37 3:16	43:21 8:44	45:27 2:06	51:58 6:31
2		Imogene Scott AOC	53:58	4:13 4:13	5:43 1:30	7:35 1:52	9:14 1:39	12:27 3:13	15:23 2:56	21:36 6:13	25:31 3:55	28:45 3:14	32:54 4:09	35:58 3:04	45:02 9:04	47:07 2:05	52:33 5:26
3		Jeff Greenwood AOC	55:47	4:00 4:00	5:22 1:22	7:00 1:38	8:37 1:37	11:55 3:18	14:28 2:33	20:45 6:17	25:03 4:18	28:00 2:57	34:36 6:36	37:14 2:38	45:35 8:21	47:31 1:56	54:31 7:00

Pl	Stno	Name	Time														
Red 2 (22)				7.5 km 0 m 14 C							<i>(cont.)</i>						
				1(33) F	2(82)	3(64)	4(73)	5(74)	6(94)	7(34)	8(76)	9(87)	10(93)	11(95)	12(84)	13(85)	14(60)
4		Laura Robertson	57:33	4:48 4:48 57:33 1:57	6:16 1:28	8:00 1:44	9:32 1:32	12:23 2:51	15:29 3:06	21:25 5:56	25:22 3:57	28:31 3:09	32:34 4:03	35:46 3:12	46:06 10:20	48:46 2:40	55:36 6:50
5		Andrew Bell NWOC	59:08	4:41 4:41 59:08 1:27	6:20 1:39	8:23 2:03	10:13 1:50	13:38 3:25	17:09 3:31	23:43 6:34	28:46 5:03	32:13 3:27	36:22 4:09	39:23 3:01	49:42 10:19	51:40 1:58	57:41 6:01
6		Geoff Mead NWOC	1:00:11	6:04 6:04 1:00:11 1:27	7:39 1:35	9:31 1:52	11:19 1:48	14:45 3:26	18:27 3:42	24:39 6:12	30:05 5:26	33:15 3:10	37:36 4:21	40:30 2:54	50:05 9:35	51:57 1:52	58:44 6:47
7	5	Peter King AOC	1:02:21	4:53 4:53 1:02:21 1:26	6:31 1:38	8:22 1:51	10:03 1:41	13:21 3:18	17:02 3:41	24:50 7:48	30:30 5:40	33:16 2:46	37:40 4:24	40:37 2:57	52:39 12:02	54:45 2:06	1:00:55 6:10
8		Neil Martin NWOC	1:03:40	4:26 4:26 1:03:40 1:17	5:57 1:31	8:11 2:14	10:14 2:03	14:32 4:18	17:05 2:33	23:42 6:37	28:19 4:37	32:37 4:18	37:39 5:02	41:20 3:41	52:21 11:01	55:17 2:56	1:02:23 7:06
9		Jonty Oram AOC	1:08:54	4:25 4:25 1:08:54 1:32	7:16 2:51	9:19 2:03	11:30 2:11	16:04 4:34	19:32 3:28	26:18 6:46	31:24 5:06	36:51 5:27	41:33 4:42	45:11 3:38	58:20 13:09	1:00:37 2:17	1:07:22 6:45
10		Peter Cleary CMOC	1:11:42	5:53 5:53 1:11:42 1:15	8:09 2:16	10:28 2:19	12:53 2:25	16:49 3:56	19:55 3:06	26:55 7:00	32:47 5:52	40:29 7:42	44:43 4:14	48:03 3:20	58:28 10:25	1:01:56 3:28	1:10:27 8:31
11		Brent Goodall CMOC	1:13:13	7:31 7:31 1:13:13 1:14	10:02 2:31	12:01 1:59	13:50 1:49	17:27 3:37	21:48 4:21	29:10 7:22	35:16 6:06	39:17 4:01	43:31 4:14	48:14 4:43	1:03:53 15:39	1:06:24 2:31	1:11:59 5:35
12		Stephen Reynolds NWOC	1:16:52	6:56 6:56 1:16:52 1:31	9:02 2:06	11:23 2:21	13:36 2:13	18:12 4:36	22:58 4:46	30:38 7:40	36:29 5:51	42:21 5:52	48:38 6:17	52:21 3:43	1:05:43 13:22	1:08:23 2:40	1:15:21 6:58
13		Norm Jager AOC	1:19:42	6:30 6:30 1:19:42 1:22	10:00 3:30	12:03 2:03	14:21 2:18	18:35 4:14	21:54 3:19	30:06 8:12	35:24 5:18	39:54 4:30	46:06 6:12	50:52 4:46	1:09:05 18:13	1:11:10 2:05	1:18:20 7:10
14		Rodney Deacon AOC	1:20:16	8:44 8:44 1:20:16 1:35	11:01 2:17	13:25 2:24	15:28 2:03	19:53 4:25	23:42 3:49	30:18 6:36	37:19 7:01	40:55 3:36	47:13 6:18	51:14 4:01	1:08:10 16:56	1:10:55 2:45	1:18:41 7:46
15		Lisa Mead NWOC	1:21:48	4:40 4:40 1:21:48 1:53	6:59 2:19	9:09 2:10	11:01 1:52	14:59 3:58	18:45 3:46	26:43 7:58	40:06 13:23	43:42 3:36	49:01 5:19	57:18 8:17	1:08:20 11:02	1:11:02 2:42	1:19:55 8:53
16		Miles Broderick NWOC	1:21:57	4:47 4:47 1:21:57 1:29	6:25 1:38	8:28 2:03	10:13 1:45	13:43 3:30	17:06 3:23	23:47 6:41	31:10 7:23	34:59 3:49	39:31 4:32	45:07 5:36	1:12:12 27:05	1:14:03 1:51	1:20:28 6:25
17		Helayna Ogden NWOC	1:22:22	6:04 6:04 1:22:22 1:21	7:53 1:49	10:06 2:13	12:31 2:25	18:35 6:04	21:37 3:02	30:10 8:33	35:44 5:34	42:12 6:28	49:06 6:54	54:16 5:10	1:09:48 15:32	1:13:02 3:14	1:21:01 7:59
18		Phil White NWOC	1:23:30	6:53 6:53 1:23:30 1:55	9:09 2:16	11:34 2:25	14:01 2:27	18:14 4:13	21:39 3:25	31:06 9:27	37:03 5:57	44:43 7:40	51:46 7:03	56:02 4:16	1:10:14 14:12	1:13:06 2:52	1:21:35 8:29
19		Mark Wilson AOC	1:23:53	6:08 6:08 1:23:53 1:49	8:37 2:29	10:59 2:22	13:22 2:23	18:09 4:47	22:43 4:34	32:37 9:54	39:07 6:30	44:31 5:24	49:33 5:02	54:16 4:43	1:09:39 15:23	1:13:34 3:55	1:22:04 8:30
20		Annette Orchard AOC	1:24:46	10:07 10:07 1:24:46 1:58	12:17 2:10	14:38 2:21	17:02 2:24	25:51 8:49	30:04 4:13	37:52 7:48	44:36 6:44	48:48 4:12	53:49 5:01	57:34 3:45	1:10:45 13:11	1:13:22 2:37	1:22:48 9:26
21		Tony Hastie	1:37:35	6:49 6:49 1:37:35 1:40	10:19 3:30	12:46 2:27	15:06 2:20	21:55 6:49	28:00 6:05	36:27 8:27	44:14 7:47	49:20 5:06	56:48 7:28	1:02:25 5:37	1:20:17 17:52	1:23:47 3:30	1:35:55 12:08
22		John Barrett NWOC	1:51:10	6:21 6:21 1:51:10 2:16	8:33 2:12	10:58 2:25	13:26 2:28	17:50 4:24	21:54 4:04	29:56 8:02	40:42 10:46	45:04 4:22	51:40 6:36	1:18:01 26:21	1:35:31 17:30	1:38:15 2:44	1:48:54 10:39
Red 3 (43)				5.6 km 0 m 15 C													
				1(88) 15(60) F	2(59)	3(82)	4(64)	5(79)	6(74)	7(35)	8(85)	9(34)	10(91)	11(80)	12(93)	13(92)	14(90)
1		Marquita Geldermai NWOC	43:23	2:02 2:02 41:49 2:12	5:23 3:21 43:23 1:34	8:09 2:46	10:11 2:02	13:53 3:42	16:37 2:44	19:57 3:20	24:58 5:01	26:26 1:28	30:37 4:11	32:53 2:16	34:22 1:29	36:14 1:52	39:37 3:23

Pl	Stno	Name	Time																	
Red 3 (43)			5.6 km 0 m 15 C				<i>(cont.)</i>													
			1(88) 15(60)	2(59) F	3(82)	4(64)	5(79)	6(74)	7(35)	8(85)	9(34)	10(91)	11(80)	12(93)	13(92)	14(90)				
2	Maja	Bramming	43:31	2:02 2:02 41:44	5:24 3:22 43:31	7:45 2:21	9:38 1:53	13:00 3:22	15:29 2:29	18:45 3:16	23:56 5:11	25:28 1:32	30:30 5:02	33:22 2:52	35:01 1:39	36:55 1:54	39:39 2:44			
3	Tane	Moore NWOC	44:19	2:05 1:45 1:45 43:05 2:10	4:45 3:00 3:00 44:19 1:14	7:09 2:24	8:55 1:46	12:21 3:26	15:03 2:42	18:40 3:37	23:33 4:53	25:11 1:38	30:55 5:44	33:56 3:01	35:34 1:38	37:29 1:55	40:55 3:26			
4	Simon	Addison	44:33	2:10 1:47 1:47 43:09 2:13	4:58 3:11 3:11 44:33 1:24	7:20 2:22	9:23 2:03	13:20 3:57	15:54 2:34	19:05 3:11	23:51 4:46	25:35 1:44	31:47 6:12	34:18 2:31	35:47 1:29	37:46 1:59	40:56 3:10			
5	Cosette	Saville CMOC	45:02	1:47 1:47 43:29 2:09	5:32 3:45 45:02 1:33	7:54 2:22	9:40 1:46	13:28 3:48	15:58 2:30	19:21 3:23	24:30 5:09	26:26 1:56	30:43 4:17	35:39 4:56	37:02 1:23	38:46 1:44	41:20 2:34			
6	Renee	Beveridge NWOC	45:05	1:50 1:50 43:51 2:22	5:49 3:59 45:05 1:14	8:08 2:19	10:05 1:57	13:28 3:23	15:45 2:17	18:56 3:11	24:07 5:11	26:58 2:51	32:33 5:35	34:53 2:20	36:13 1:20	38:33 2:20	41:29 2:56			
7	Alistair	Stewart AOC	45:21	2:10 2:10 43:45 2:16	5:30 3:20 45:21 1:36	8:09 2:39	10:13 2:04	13:51 3:38	16:29 2:38	20:08 3:39	25:28 5:20	27:19 1:51	32:10 4:51	35:00 2:50	36:30 1:30	38:32 2:02	41:29 2:57			
8	Callum	Cleary CMOC	47:08	1:59 1:59 45:32 2:03	5:37 3:38 47:08 1:36	9:12 3:35	11:02 1:50	15:13 4:11	18:09 2:56	21:18 3:09	26:37 5:19	28:23 1:46	32:54 4:31	37:35 4:41	39:09 1:34	40:59 1:50	43:29 2:30			
9	Jula	McMillan NWOC	47:48	1:42 1:42 46:26 2:20	4:38 2:56 47:48 1:22	7:06 2:28	8:58 1:52	12:23 3:25	14:53 2:30	17:59 3:06	23:27 5:28	25:27 2:00	29:44 4:17	37:32 7:48	39:08 1:36	40:54 1:46	44:06 3:12			
10	Alastair	Long CMOC	47:50	1:53 1:53 46:35 3:35	5:17 3:24 47:50 1:15	7:22 2:05	9:20 1:58	15:31 6:11	18:04 2:33	21:07 3:03	26:00 4:53	27:20 1:20	31:14 3:54	36:35 5:21	38:14 1:39	40:14 2:00	43:00 2:46			
11	Rob	Garden NWOC	51:01	3:07 3:07 48:56 3:10	6:46 3:39 51:01 2:05	9:30 2:44	11:47 2:17	15:43 3:56	18:41 2:58	22:43 4:02	28:41 5:58	30:37 1:56	36:06 5:29	38:34 2:28	40:18 1:44	42:27 2:09	45:46 3:19			
12	Jeanine	Browne CMOC	52:47	2:27 2:27 51:01 2:36	6:09 3:42 52:47 1:46	9:03 2:54	11:24 2:21	16:25 5:01	19:20 2:55	23:08 3:48	30:08 7:00	32:09 2:01	37:36 5:27	40:20 2:44	42:08 1:48	44:24 2:16	48:25 4:01			
13	Matthew	Goodall CMOC	53:40	1:43 1:43 52:20 2:15	9:18 7:35 53:40 1:20	11:41 2:23	13:27 1:46	19:38 6:11	22:19 2:41	25:37 3:18	30:57 5:20	33:03 2:06	38:28 5:25	41:51 3:23	44:35 2:44	47:17 2:42	50:05 2:48			
14	Sara	Bailey NWOC	54:10	5:50 5:50 52:34 2:56	9:06 3:16 54:10 1:36	11:44 2:38	13:50 2:06	17:55 4:05	20:42 2:47	24:09 3:27	30:01 5:52	32:55 2:54	38:59 6:04	41:37 2:38	43:51 2:14	46:13 2:22	49:38 3:25			
15	Ben	Reynolds NWOC	54:36	1:47 1:47 53:12 2:24	5:30 3:43 54:36 1:24	8:05 2:35	9:59 1:54	14:00 4:01	16:41 2:41	20:11 3:30	25:32 5:21	27:09 1:37	38:31 11:22	41:34 3:03	43:12 1:38	46:15 3:03	50:48 4:33			
16	Lise	Moen	54:45	2:40 2:40 52:57 2:39	6:40 4:00 54:45 1:48	9:41 3:01	11:52 2:11	16:37 4:45	19:40 3:03	23:54 4:14	30:32 6:38	32:29 1:57	39:29 7:00	42:19 2:50	44:24 2:05	46:45 2:21	50:18 3:33			
17	Rebecca	Gray NWOC	54:48	2:03 2:03 53:21 2:11	5:26 3:23 54:48 1:27	7:51 2:25	9:55 2:04	14:12 4:17	16:55 2:43	20:06 3:11	25:22 5:16	27:28 2:06	32:27 4:59	40:01 7:34	45:56 5:55	48:04 2:08	51:10 3:06			
18	8 Kieran	Woods AOC	56:48	12:06 12:06 55:16 2:43	15:00 2:54 56:48 1:32	17:21 2:21	19:05 1:44	23:30 4:25	26:11 2:41	31:17 5:06	36:25 5:08	38:01 1:36	43:40 5:39	45:58 2:18	47:20 1:22	49:23 2:03	52:33 3:10			
19	Angela	Levet CMOC	57:46	2:27 2:27 55:43 2:48	6:46 4:19 57:46 2:03	9:46 3:00	12:09 2:23	17:39 5:30	20:50 3:11	24:48 3:58	31:39 6:51	33:55 2:16	39:51 5:56	43:49 3:58	46:23 2:34	49:07 2:44	52:55 3:48			
20	Trevor	Murray NWOC	57:48	2:12 2:12 56:19 3:16	5:23 3:11 57:48 1:29	8:52 3:29	10:49 1:57	15:13 4:24	19:06 3:53	24:31 5:25	31:00 6:29	33:20 2:20	38:40 5:20	44:47 6:07	46:39 1:52	49:35 2:56	53:03 3:28			
21	Cameron	de L'Isle NWOC	58:37	2:21 2:21 57:02 3:01	6:10 3:49 58:37 1:35	9:03 2:53	11:03 2:00	15:41 4:38	18:59 3:18	22:45 3:46	29:00 6:15	30:54 1:54	36:47 5:53	39:13 2:26	41:01 1:48	43:24 2:23	54:01 10:37			
22	Nick	Collins	1:00:40	2:24 2:24 58:44 3:07	6:33 4:09 1:00:40 1:56	9:39 3:06	11:53 2:14	16:34 4:41	19:58 3:24	25:30 5:32	31:54 6:24	34:15 2:21	40:45 6:30	45:29 4:44	48:39 3:10	51:51 3:12	55:37 3:46			

Pl	Stno	Name	Time																
Red 3 (43)			5.6 km 0 m 15 C			<i>(cont.)</i>													
			1(88) 15(60)	2(59) F	3(82)	4(64)	5(79)	6(74)	7(35)	8(85)	9(34)	10(91)	11(80)	12(93)	13(92)	14(90)			
23		Brian Long CMOC	1:03:11	2:27 2:27 1:01:10 3:37	8:28 6:01 1:03:11 2:01	11:42 3:14	14:09 2:27	19:24 5:15	22:25 3:01	26:49 4:24	34:01 7:12	36:31 2:30	43:37 7:06	48:12 4:35	50:13 2:01	53:05 2:52	57:33 4:28		
24		Penny Brothers NWOC	1:08:35	3:20 3:20 1:06:45 2:43	9:11 5:51 1:08:35 1:50	12:43 3:32	15:29 2:46	20:47 5:18	24:22 3:35	29:42 5:20	38:01 8:19	41:01 3:00	47:22 6:21	53:38 6:16	55:49 2:11	59:07 3:18	1:04:02 4:55		
25		Stuart Gray NWOC	1:09:51	2:43 2:43 1:08:01 2:38	10:30 7:47 1:09:51 1:50	14:08 3:38	16:53 2:45	23:32 6:39	27:09 3:37	32:27 5:18	39:40 7:13	42:47 3:07	51:07 8:20	55:30 4:23	59:35 4:05	1:01:57 2:22	1:05:23 3:26		
26		Nicholas Oram AOC	1:10:11	3:14 3:14 1:08:47 3:13	6:57 3:43 1:10:11 1:24	9:55 2:58	12:37 2:42	18:38 6:01	22:19 3:41	29:51 7:32	38:01 8:10	40:09 2:08	47:56 7:47	56:40 8:44	58:35 1:55	1:01:33 2:58	1:05:34 4:01		
27		Suzanne Stolberger NWOC	1:12:16	2:30 2:30 1:10:31 2:37	8:24 5:54 1:12:16 1:45	13:48 5:24	16:28 2:40	21:45 5:17	25:51 4:06	30:52 5:01	38:19 7:27	40:47 2:28	50:27 9:40	56:03 5:36	1:00:12 4:09	1:03:23 3:11	1:07:54 4:31		
28		Reuben Wilson AOC	1:15:04	1:56 1:56 1:13:43 3:42	6:17 4:21 1:15:04 1:21	9:08 2:51	11:23 2:15	20:22 8:59	23:29 3:07	27:47 4:18	35:42 7:55	38:29 2:47	56:09 17:40	1:01:04 4:55	1:02:26 1:22	1:04:25 1:59	1:10:01 5:36		
29		Megan Officer NWOC	1:16:49	3:11 3:11 1:14:10 3:48	8:15 5:04 1:16:49 2:39	12:26 4:11	15:34 3:08	22:32 6:58	26:24 3:52	31:46 5:22	40:26 8:40	44:12 3:46	54:01 9:49	58:19 4:18	1:00:51 2:32	1:05:30 4:39	1:10:22 4:52		
30		Terje Moen NWOC	1:16:59	3:16 3:16 1:14:27 3:36	7:38 4:22 1:16:59 2:32	11:04 3:26	14:01 2:57	24:08 10:07	28:17 4:09	37:24 9:07	45:00 7:36	49:39 4:39	57:22 7:43	1:00:56 3:34	1:03:19 2:23	1:06:25 3:06	1:10:51 4:26		
31		John Robinson CMOC	1:19:07	2:19 2:19 1:16:33 3:00	6:50 4:31 1:19:07 2:34	14:02 7:12	16:37 2:35	21:36 4:59	26:00 4:24	31:15 5:15	43:35 12:20	46:22 2:47	55:51 9:29	1:03:13 7:22	1:05:25 2:12	1:08:22 2:57	1:13:33 5:11		
32		Hiraku Walley CMOC	1:21:24	2:03 2:03 1:19:36 3:06	7:44 5:41 1:21:24 1:48	11:05 3:21	17:33 6:28	21:47 4:14	25:11 3:24	29:33 4:22	36:48 7:15	38:32 1:44	42:50 4:18	45:16 2:26	46:49 1:33	1:12:25 25:36	1:16:30 4:05		
33		Bruce Cassey AOC	1:21:59	2:28 2:28 1:20:04 3:27	7:57 5:29 1:21:59 1:55	11:25 3:28	13:54 2:29	19:19 5:25	24:45 5:26	29:53 5:08	37:54 8:01	41:08 3:14	56:52 15:44	59:45 2:53	1:03:45 4:00	1:12:31 8:46	1:16:37 4:06		
34		Mike Roigard NWOC	1:22:40	4:05 4:05 1:20:27 3:17	16:20 12:15 1:22:40 2:13	22:52 6:32	25:41 2:49	31:09 5:28	35:04 3:55	39:55 4:51	48:58 9:03	51:46 2:48	1:00:22 8:36	1:05:16 4:54	1:09:14 3:58	1:12:42 3:28	1:17:10 4:28		
35		Dale Hopkinson NWOC	1:29:28	2:44 2:44 1:28:08 2:55	9:24 6:40 1:29:28 1:20	13:04 3:40	15:55 2:51	20:45 4:50	32:41 11:56	36:15 3:34	46:22 10:07	50:28 4:06	1:12:13 21:45	1:14:37 2:24	1:17:37 3:00	1:21:33 3:56	1:25:13 3:40		
36		Bevan Thrower AOC	1:32:29	4:56 4:56 1:30:40 2:46	14:41 9:45 1:32:29 1:49	19:59 5:18	22:14 2:15	26:19 4:05	29:27 3:08	38:01 8:34	49:54 11:53	58:40 8:46	1:17:03 18:23	1:20:07 3:04	1:21:54 1:47	1:24:26 2:32	1:27:54 3:28		
37		Shaun Molly Bowle	1:38:07	3:47 3:47 1:35:28 5:19	10:53 7:06 1:38:07 2:39	15:44 4:51	20:27 4:43	28:53 8:26	35:43 6:50	42:15 6:32	52:16 10:01	56:59 4:43	1:07:36 10:37	1:12:30 4:54	1:22:00 9:30	1:25:17 3:17	1:30:09 4:52		
38	6	Roger Woodroofe AOC	1:43:02	3:18 3:18 1:41:33 3:09	8:51 5:33 1:43:02 1:29	12:34 3:43	15:41 3:07	22:08 6:27	27:42 5:34	32:30 4:48	1:09:16 36:46	1:12:51 3:35	1:22:18 9:27	1:26:27 4:09	1:29:33 3:06	1:33:23 3:50	1:38:24 5:01		
39		Selwyn Palmer AOC	1:45:50	4:25 4:25 1:43:02 4:39	13:22 8:57 1:45:50 2:48	18:04 4:42	21:45 3:41	30:14 8:29	36:51 6:37	48:09 11:18	59:37 11:28	1:08:45 9:08	1:20:06 11:21	1:26:33 6:27	1:29:11 2:38	1:32:58 3:47	1:38:23 5:25		
40		Margaret Hall	1:47:40	6:22 6:22 1:45:35 4:30	11:55 5:33 1:47:40 2:05	15:54 3:59	18:36 2:42	34:54 16:18	39:12 4:18	43:54 4:42	51:21 7:27	1:00:20 8:59	1:10:39 10:19	1:29:28 18:49	1:33:28 4:00	1:36:38 3:10	1:41:05 4:27		
41		Matthew Hopkinsor NWOC	1:54:35	2:24 2:24 1:53:04 5:51	12:09 9:45 1:54:35 1:31	19:19 7:10	23:14 3:55	33:01 9:47	45:56 12:55	50:44 4:48	59:10 8:26	1:01:30 2:20	1:11:14 9:44	1:34:46 23:32	1:36:44 1:58	1:43:16 6:32	1:47:13 3:57		
		Frances Hill NWOC	mp	2:37 2:37 ---- 1:10:01 8:24	30:27 27:50 ---- 1:10:01 8:24	41:51 11:24	45:13 3:22	1:01:37 16:24	----	----	----	----	----	----	----	----	----		
		Hannah Lockie NWOC	mp	3:41 3:41 1:13:30 3:51	15:16 11:35 1:16:48 3:18	22:04 6:48	25:46 3:42	33:46 8:00	39:05 5:19	44:47 5:42	56:52 12:05	1:03:24 6:32	----	----	----	----	1:09:39 6:15		

Pl	Stno	Name	Time														
Orange Long (14)				5.3 km 0 m 14 C													
				<i>(cont.)</i>													
				1(31)	2(67)	3(70)	4(33)	5(65)	6(64)	7(73)	8(74)	9(75)	10(79)	11(77)	12(60)	13(58)	14(78)
2		Cath Heppeltwade AOC	1:00:19	3:23 3:23	4:50 1:27	8:09 3:19	9:42 1:33	11:37 1:55	15:44 4:07	17:49 2:05	25:08 7:19	28:08 3:00	30:54 2:46	41:22 10:28	51:33 10:11	54:38 3:05	57:14 2:36
3		Simon Rouse	1:05:19	4:11 3:05	6:07 1:56	9:58 3:51	11:38 1:40	17:28 5:50	21:46 4:18	24:04 2:18	28:26 4:22	30:59 2:33	33:57 2:58	41:02 7:05	56:07 15:05	1:00:03 3:56	1:02:32 2:29
4		Tyne Wijdeven CMOC	1:09:21	5:56 5:56	7:06 1:10	9:56 2:50	11:30 1:34	14:12 2:42	17:58 3:46	19:47 1:49	26:34 6:47	28:54 2:20	41:45 12:51	52:06 10:21	1:02:03 9:57	1:05:36 3:33	1:06:52 1:16
5		Thomas Stolberger NWOC	1:16:55	3:44 3:44	5:46 2:02	9:45 3:59	10:56 1:11	15:48 4:52	19:52 4:04	22:07 2:15	36:21 14:14	38:51 2:30	43:12 4:21	55:55 12:43	1:04:01 8:06	1:11:45 7:44	1:13:43 1:58
6		Gail Sumner	1:41:01	6:42 6:42	8:22 1:40	13:47 5:25	16:02 2:15	20:23 4:21	27:45 7:22	30:44 2:59	43:39 12:55	47:42 4:03	59:43 12:01	1:14:01 14:18	1:26:01 12:00	1:33:40 7:39	1:37:13 3:33
7		Anne Mortimer NWOC	1:45:06	16:40 16:40	19:05 2:25	24:50 5:45	27:01 2:11	31:46 4:45	37:32 5:46	40:33 3:01	49:43 9:10	1:06:28 16:45	1:10:56 4:28	1:19:18 8:22	1:28:39 9:21	1:38:46 10:07	1:41:33 2:47
8		Kirsty Wilson AOC	:01:29	5:45 5:45	7:44 1:59	14:02 6:18	33:08 19:06	35:43 2:35	42:25 6:42	45:41 3:16	1:04:53 19:12	1:11:29 6:36	1:20:00 8:31	1:33:40 13:40	1:45:28 11:48	1:49:21 3:53	1:57:28 8:07
9		Appleyard	:08:16	6:22 6:22	10:52 4:30	32:07 21:15	43:11 11:04	48:18 5:07	59:18 11:00	1:04:11 4:53	1:13:07 8:56	1:18:40 5:33	1:25:14 6:34	1:38:04 12:50	1:52:09 14:05	1:59:10 7:01	2:02:04 2:54
10		Jack Walley CMOC	:39:24	13:12 13:12	16:50 3:38	26:00 9:10	30:02 4:02	37:18 7:16	45:28 8:10	49:51 4:23	1:32:35 42:44	1:39:44 7:09	1:52:00 12:16	2:05:53 13:53	2:19:59 14:06	2:30:34 10:35	2:34:38 4:04
		Callum Hill NWOC	mp	3:39 3:39	5:06 1:27	9:15 4:09	11:06 1:51	17:21 6:15	27:50 10:29	30:04 2:14	---	54:17 24:13	1:10:25 16:08	---	---	---	---
		Diana O'Brien CMOC	mp	7:33 7:33	15:17 7:44	27:43 12:26	30:39 2:56	37:22 6:43	44:13 6:51	51:18 7:05	---	---	---	---	---	---	---
		Sheena O'Brien CMOC	mp	8:16 8:16	10:41 2:25	---	40:41 30:00	47:58 7:17	56:06 8:08	59:38 3:32	---	---	---	---	---	---	---
		Maegan Handcock CMOC	mp	10:18 10:18	12:42 2:24	---	42:42 30:00	50:02 7:20	58:06 8:04	1:01:29 3:23	---	---	---	---	---	---	---

Orange Short (16)				4.2 km 0 m 10 C														
				1(62)	2(63)	3(65)	4(71)	5(72)	6(73)	7(77)	8(60)	9(58)	10(61)	F				
1		Tommy Hayes AOC	44:19	4:01 4:01	5:32 1:31	8:45 3:13	11:15 2:30	12:59 1:44	16:06 3:07	26:17 10:11	34:49 8:32	38:33 3:44	41:34 3:01	44:19 2:45				
2		Tyler Warwick B'Head	55:40	5:04 5:04	9:18 4:14	14:27 5:09	17:15 2:48	19:52 2:37	23:41 3:49	33:49 10:08	43:29 9:40	49:01 5:32	52:51 3:50	55:40 2:49				
3		Gemma Scown	55:41	5:32 5:32	8:54 3:22	12:57 4:03	15:41 2:44	18:01 2:20	22:11 4:10	36:13 14:02	44:35 8:22	49:05 4:30	52:03 2:58	55:41 3:38				
4		Hayley Ewen AOC	56:30	6:29 6:29	8:54 2:25	12:17 3:23	15:20 3:03	17:39 2:19	21:48 4:09	34:42 12:54	46:05 11:23	49:54 3:49	53:28 3:34	56:30 3:02				
5		Richard Fairbairn	57:59	7:41 7:41	10:27 2:46	17:20 6:53	19:51 2:31	21:57 2:06	25:10 3:13	39:39 14:29	46:25 6:46	50:10 3:45	54:01 3:51	57:59 3:58				
6		Kayla Fairbairn NWOC	58:27	4:16 4:16	8:52 4:36	11:57 3:05	15:24 3:27	17:23 1:59	26:40 9:17	42:36 15:56	50:20 7:44	53:33 3:13	56:07 2:34	58:27 2:20				
7		Heidi Stolberger NWOC	1:06:52	8:57 8:57	20:54 11:57	24:46 3:52	27:56 3:10	30:51 2:55	34:25 3:34	48:38 14:13	55:30 6:52	59:04 3:34	1:03:05 4:01	1:06:52 3:47				
8		Holly Moorman	1:08:03	7:52 7:52	12:00 4:08	16:44 4:44	20:21 3:37	23:35 3:14	27:52 4:17	42:53 15:01	55:15 12:22	1:00:01 4:46	1:03:05 3:04	1:08:03 4:58				
9		Max McCachcan	1:15:07	14:53 14:53	18:45 3:52	24:00 5:15	26:39 2:39	29:18 2:39	33:05 3:47	44:17 11:12	1:06:10 21:53	1:09:13 3:03	1:12:39 3:26	1:15:07 2:28				
10		Michael Irwin B'Head	1:33:11	11:59 11:59	18:38 6:39	30:34 11:56	33:33 2:59	36:47 3:14	41:01 4:14	1:02:15 21:14	1:10:26 8:11	1:22:15 11:49	1:26:35 4:20	1:33:11 6:36				
11		Ciaran Sykes B'Head	1:38:39	17:30 17:30	24:07 6:37	36:01 11:54	39:03 3:02	42:15 3:12	46:28 4:13	1:07:36 21:08	1:15:48 8:12	1:27:41 11:53	1:32:02 4:21	1:38:39 6:37				
12		Sandy Goodall CMOC	1:40:02	24:31 24:31	38:47 14:16	41:20 2:33	44:41 3:21	47:43 3:02	52:04 4:21	1:12:42 20:38	1:21:25 8:43	1:28:45 7:20	1:35:14 6:29	1:40:02 4:48				
13		Gillian Stretch	1:47:20	11:23 11:23	15:09 3:46	21:11 6:02	26:45 5:34	33:31 6:46	40:45 7:14	1:05:29 24:44	1:23:52 18:23	1:30:54 7:02	1:38:33 7:39	1:47:20 8:47				
14	7	Karen Woods AOC	1:56:57	16:04 16:04	18:13 2:09	22:23 4:10	25:48 3:25	29:18 3:30	33:16 3:58	1:00:47 27:31	1:32:31 31:44	1:46:16 13:45	1:51:44 5:28	1:56:57 5:13				

