

# 2013 North Island Secondary Schools Orienteering Championships

*Officially sanctioned by the NZSSSC. Incorporating Y 7 & 8.*

## **Welcome**

To all school competitors and supporters.

Welcome to the North Island Secondary School orienteering champs. If this is one of your first times orienteering, or if you are a seasoned competitor, we have a great line-up for you. The venues/maps you will run on have been selected from some of the best terrain the Auckland region has to offer.

We have over 400 entries from over 60 schools so you can look forward to some exciting competition. This also makes the event the second biggest in the country this year just behind the national championships. Well done everyone for stepping up.

Adding to the flavour of the two forest events, members of our national elite orienteering squad will be turning up and racing on the same courses after everyone has finished. Enjoy watching them race through spectator controls and see how close you can get to their splits!

We are grateful to our landowners, Hancocks Forest Management for use of Woodhill Forest and Auckland Council for use of the Botanical Gardens. Future use of these areas is dependent on good behaviour from everyone so please read the terrain notes for each event and adhere to the rules.

I'd like to thank the organising team, all of them volunteers from the Auckland Orienteering Club. If you want to I'd encourage you to send any type of feedback about the events our way, either during competition or afterwards. We like feedback and can use it to make future events even better than they already are.

Apart from having fun, I have one other piece of advice to offer, remember to not be fooled by the term "sprint" orienteering on Day 1. It is only a sprint if you want it to be one. Stay in touch and enjoy the experience.

Guy Cory-Wright  
President  
Auckland Orienteering Club

## **For further enquiries contact:**

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## **Event Website:**

The Event Programme, Start Lists, and Results will be available on the Auckland Orienteering Club website at:

<http://auckoc.org.nz> or <http://orienteeringauckland.org.nz>

## **Timetable**

### **Thursday 2nd May 2013 - Individual Sprint Championships**

13:30 Gate opens  
14:00 Registration opens  
15:30 First start  
16:50 Maps available for collection  
17:30 Course closure

### **Friday 3rd May 2013 - Individual Long Championships**

09.15 Forest Security Gate Opens  
09.30 Registration opens  
10.30 First start  
13.00 Maps available for collection  
14.00 Presentation of certificates and spot prize draw  
15.00 Course closure  
17.15 Forest Security Gate Closes

### **Saturday 4th May 2013 - Team Relay Championships**

08:00 Forest Security Gate Opens  
08:30 Registration opens  
09:45 Relay briefing  
10:00 Relay starts  
12:00 (Approx.)Maps available for collection  
12:10 Members of National Training Squad will compete on Senior courses in a massed start.  
Compare their times with yours.  
12:40 Prizegiving  
13:15 Course closure  
16:00 Forest Security Gate Closes

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## Event Details: Thursday 2nd May 2013 - Individual Sprint Championships

**Date:** Thursday 2nd May 2013

**Map:** Auckland Botanic Gardens  
<http://www.aucklandbotanicgardens.co.nz/>

**Scale:** 1:4,000

**Terrain:** Open parkland with many uncrossable gardens and an intricate track network. There are also a number of small streams which are mostly crossable.

This is a public area and there are many narrow tracks so please take care as you hurtle around the course. Other users of the park may be distracted by the pretty flowers so it is your responsibility to avoid collisions. Please treat other park users with respect.

**Planner:** Dwayne Smith

**Controller:** Steve Oram / Scott Vennell

**Directions:** **Auckland Botanic Gardens - Everglade Drive entrance**  
**Heading South on Southern Motorway (SH1):** Exit Motorway using Exit 448. Turn Left into Redoubt Road. Continue on Redoubt Road until the first set of traffic lights. At the lights, turn right into Everglade Drive and follow until you go through one roundabout. Entrance to gate will be straight ahead.  
**Heading North on Southern Motorway (SH1):** Exit Motorway using Exit 449 and take exit to Great South Road. Turn Left into Great South Road. Continue on Great South Road. Manukau Super Clinic will be on the right hand side of road. Turn Left into Orams Road. Continue over Motorway overbridge. At the roundabout, turn right into Everglade Drive. Entrance to gate will be straight ahead.

**Parking:** As directed by parking attendants. Follow the one way arrows.

**Start:** The start is near the event centre

**Finish:** Finish is at the event centre

**Registration:** In the event centre

**Toilets:** Toilets are available 200m south of the event centre. Follow the path past the rose garden and the toilets are in the first building on the right. Competitors must stay on the path on the way to the toilets and not go past them because the courses pass close by (but out of sight).

**Out of bounds:** All of the gardens in the park are STRICTLY OUT OF BOUNDS. You must not cross or stand on any of the gardens or you will be disqualified. This includes

jumping over narrow parts of gardens, even if you don't touch them. The gardens are marked on the map in an olive green colour and can be easily identified on the ground because they are covered with bark and have obvious edging. Some gardens may appear to have no plants in them - they are still out of bounds.

There are also some areas of construction in the park which are out of bounds and marked with the vertical red stripe symbol.

**Special Note:** As participants are assembling at the start area, and doing a clear and check of their SI-card, there is another process that needs to be completed. There will be spray bottles at the clear and check stands and all runners are required to spray their shoes to prevent the transmission of Kauri Die-back disease into the Botanic Gardens. For more information on why this is necessary you can visit <http://www.kauridieback.co.nz/>

**Course closure:** 17:30

**Casual starts:** Supporters and spectators are welcome to run a course after 17:00. Let the starter know and he will give you instructions.

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## Event Details: Friday 3rd May 2013 - Individual Long Championships (NZOF Badge Event)

**Date:** Friday 3rd May 2013

**Map:** South Woodhill

**Scale:** 1:10,000 2.5m contours.

**Terrain:** Predominantly very fast open pine forest with excellent visibility. Some courses will briefly visit areas of reduced visibility with younger trees or rough ground cover with newly planted pines. Mainly broad sand dune contours. There are numerous tracks in the area. The major forestry or horse tracks are mapped. There are also motor bike tracks of varying distinction. Only the more obvious have been mapped but how distinct they are changes regularly depending on when bikes have been over them. There could be recent tracks which are not mapped. Only major tracks should be relied on. This should not cause a problem to the white or yellow courses.

**Clothing:** Leg protection on the red and orange courses is advisable

**Planner:** Joanna Stewart

**Controller:** Alistair Stewart

**Directions:** Entry through Muriwai Gate. Follow signs along Coast Rd to South Block Rd.

**Parking:** Along South Block Rd. At the wider points it is possible to park on both sides of the road, with cars nosing into the trees. Please park considerately to allow all to park near the event centre and keep the road clear. After the prize giving vehicles should exit continuing up South Block Rd to Inland Rd, turning right and following signs back to Coast Rd (watch out for people crossing).

*Note: If leaving earlier you MUST U turn and drive, with care, back out the way you came in. If busses are not staying during the event and are concerned about being able to turn in South Block Rd competitors need to get off at the entrance to South Block Road where the bus can turn. Competitors will then have a 500m walk up South Block Rd to the event centre.*

**Start:** Adjacent to the event centre

**Finish:** In event centre

**Registration:** In event centre

**Out of bounds:** All forest and roads road except for South Block Rd from your transport to the event centre and areas of forest near the event centre marked off by tape.

**Spectator control:** Senior and Intermediate boys Championship grade have a spectator control

close to the event centre. Spectator will be able to go close to this control to watch for their team mates coming through. Early competitors on these course should view the control before they start.

**Safety bearing:** SW to road

**Hazards:** All except the white courses cross roads. Ensure there are no vehicles coming. There are 2 strand electric fences (all turned off) beside some road and tracks. These are not mapped and can be difficult to see.

**Course closure:** 15:00

**Casual starts:** People accompanying the runners can go out for a run from 13.30

**Event Status:** This event has been granted Badge status by the New Zealand Orienteering Federation (NZOF). Members of orienteering clubs can earn NZOF Badge credits for performance in this event.

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## Event Details: Saturday 4th May 2013 - Relay Championships

- Date:** Saturday 4th May 2013
- Map:** High Dam Road
- Scale:** 1:8,000 for all courses  
Contour interval 2.5m  
Map is drawn to 1:10,000 specifications. Map symbols will be 20% enlarged, but course symbols will be normal size.
- Terrain:** Undulating open mature pine forest. Occasional detailed sand dune type features. Clean running underfoot.
- Planner:** Kieran Woods
- Controller:** Selwyn Palmer
- Directions:** Entry through Restall Road Gate. Restall Rd is west off SH16, 10.2 km NW of Kumeu and 5.2 km NW of Waimauku. Follow signs on forest roads, mostly gravelled, for 5.5 km to event centre.
- Parking:** Do not go beyond the event centre. Park on left side of Selwyn Road.
- Start:** Start is at event centre  
10:00 Sen. Girls & Year 7/8 Girls  
10:05 Sen. Boys & Year 7/8 Boys  
10:10 Int. Girls  
10:15 Int. Boys  
10:20 Jun. Girls  
10:25 Jun. Boys  
11:45 Massed start for all leg 2 and 3 runners who have not yet started.
- Second and third leg runners will be called into a waiting area as appropriate, ready to be tagged by the previous runner in their team. There is a run of about 35m to the maps. Ensure you take the correct map with your team and leg number on the back.
- Radio Control:** The spectator control described below will also have a radio base. The chest numbers of runners will be announced at the event centre. For all courses this is 550-600m before the finish. This will give at least 3.5 minutes warning for the next leg runners.
- Finish:** Finish is at the event centre. First and second leg runners must tag the next leg runner after the finish e-box, then proceed to the finish tent.
- Registration:** In event centre
- Out of bounds:** Selwyn Rd, NW of event centre is out bounds.

**Spectator Control:** There will be a spectator control 120m away from the event centre. The spectator area will be taped off. Spectators are not permitted to cross this tape.

**Briefing:** Briefing at 9:45 for all teams to explain start and changeover procedure.

**Massed starts:** 11:45 for all 2nd and 3rd leg runners who have not already started.

**Course closure:** Course closure will be 1hr 40min after last start, i.e. massed start. This means any runner on any leg on any course will be disqualified if their time exceeds 1:40 hours, although their time will be recorded for personal and school information. Control collection will begin soon after course closure.

**Teams:** Official teams are made up of students, of the same gender and from the same school, who are eligible to compete in the class.

To cater for students who are not able to be placed in a school team, composite teams will be made up. These teams will run unofficially (ie. their team placings will not be recognised in the school team competition).

**Casual starts:** None.

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<b>COURSE INFORMATION</b>	<b>Distance (kms)</b>	<b>Climb (Metres)</b>	<b>Est. Winning time (Minutes)</b>	<b>NZOF colour code</b>
<b>SPRINT</b>				
Senior Boys	3.1	55	12-15	
Senior Girls	3.0	50	12-15	
Intermediate Boys	2.9	50	12-15	
Intermediate Girls	2.5	45	12-15	
Junior Boys	2.2	30	12-15	
Junior Girls	2.0	30	12-15	
Y7/8 Boys	1.8	25	12-15	
Y7/8 Girls	1.7	20	12-15	
<b>LONG CHAMPIONSHIP</b>				
Senior Boys	7.2	110	40-45	Red
Senior Girls	4.9	80	40-45	Red
Intermediate Boys	5.1	100	30-35	Orange
Intermediate Girls	4.1	65	30-35	Orange
Junior Boys	3.2	50	25-30	Yellow
Junior Girls	3.0	30	25-30	Yellow
Y7/8 Boys	3.1	30	25-30	Yellow
Y7/8 Girls	3.1	30	25-30	Yellow
<b>LONG STANDARD</b>				
Senior Boys	3.9	65	30-35	Orange
Senior Girls	3.9	65	30-35	Orange
Intermediate Boys	3.2	50	25-30	Yellow
Intermediate Girls	3.0	30	25-30	Yellow
Junior Boys	1.9	25	20-25	White
Junior Girls	1.9	25	20-25	White
Y7/8 Boys	1.9	25	20-25	White
Y7/8 Girls	1.9	25	20-25	White
<b>RELAYS</b>				
Senior Boys	4.2	185	90	Orange
Senior Girls	3.5	125	90	Orange
Intermediate Boys	3.4	175	75	Yellow
Intermediate Girls	3.0	170	75	Yellow
Junior Boys	2.6	100	60	Yellow/ White
Junior Girls	2.6	100	60	Yellow/ White
Y7/8 Boys	2.6	100	60	Yellow/ White
Y7/8 Girls	2.6	100	60	Yellow/ White

## **GENERAL INFORMATION**

This competition will be run in accordance with NZOF rules. These rules may be viewed on the NZOF website. <http://nzorienteering.com/> under "Technical". Please direct any queries during the events to the Event Controllers.

### **Fences**

Electric fences will be off.

### **Health & Safety**

- Land owners are not responsible for ensuring that any natural hazard or risk associated with orienteering as a recreational activity does not cause harm to competitors or spectators.
- A basic first aid kit and ice will be available at each event.

### **Registration**

Registration packs for schools will be available from the caravan on Thursday, Friday and Saturday. Packs will contain:

- hired SPORTident cards (SI-card)
- relay forms for registration of relay teams and individuals to be placed in composite teams. This form must be returned to the caravan by 3.00pm on Friday afternoon but we would appreciate if you could return them on Thursday

### **Maps**

Maps are pre-marked in purple with control descriptions printed on the map. Example maps from last use are available on the NI SS 2013 page of the Auckland Orienteering Club website. [auckoc.org.nz](http://auckoc.org.nz)

### **Control descriptions**

International pictorial descriptions will be printed on the map for red courses and written descriptions for all other courses. Control descriptions will also be available for collection for all courses in the start chute. Both written and international descriptions will be available in the start chute for orange and yellow courses.

IOF International Specification for Control Descriptions is available here:

<http://orienteering.org/wp-content/uploads/2010/12/IOF-Control-Descriptions-2004.pdf>

### **Results**

Provisional live results will be displayed on the screens.

Enquiries regarding disqualifications should be directed to the Event Controller. We also hope to have results available on a local intranet wifi network. Bring your devices capable of accessing this to the event centre!

### **Electronic punching system**

We shall be using the SPORTident electronic punching system for all events.

The SI-cards that you carry with you on your course must be electronically cleared and checked before you start your course. As you enter the start area, place your SI-card into the "clear" control unit. It will be clearly marked. Hold it there for a couple of seconds and you should be given a red light and a beep, confirming that your SI-card is working and has been cleared. Your SI-card will be "checked", to confirm that it has been properly cleared, when you enter the start grid.

At each control, place the end of the SI-card into the hole in the top of the flat box mounted on the

control stand. Hold it there briefly until a red light and a beep indicate that the control unit has transferred its number and time onto your SI-card. If in doubt, do it again – it does not matter if you record the same control twice. If a control unit should fail during the event and not give you a red light or a beep after a couple of tries, use the clipper on the control stand to punch one of the boxes printed on the edge of your map. Draw this to the attention of the people at the finish.

If you go to the wrong control and put your SI-card into a control unit that is not yours, don't worry. Just find the correct control and go through the process again. The wrong one will be discarded.

Your SI-card has a number that is related specifically to you as a competitor. The SI-cards must not be loaned to anyone else during the event. If you lose a hired SI-card there will be a charge of \$60 to cover the cost of a replacement.

## **Start**

Please ensure you are at the start area at least 6 minutes prior to your start time. You will be called into the start area 3 minutes before your start time. Late arrivals should report to the start official and will be started at the starter's convenience.

## **Start procedure**

Please turn up at the start in plenty of time.

Please ensure that you have cleared your SI-card and are ready to enter the starting grid no later than three minutes before your start time.

**Note carefully:** Control descriptions will not be issued at registration. You will pick them up in the second section of the starting grid, so will need an armband or something in which to put the control descriptions.

If you are late for your start, tell the staff. They will fit you into the start at the first convenient time but your race time will run from your original start time. If you consider that you have a valid reason for being late, talk to the event controller after you have finished. Adjustment of start times is at their discretion

It is not intended to read out any instructions at the start, other than last minute details. **\*\*Please ensure that you have thoroughly read the information on hazards and any other relevant instructions from this programme\*\*.**

## **Finish**

After punching the finish box at the finish proceed to the finish tent to download your SI-card.

**If for any reason you decide not to finish your course you MUST still punch the finish box and download your SI-card at the finish tent.** This lets us know that we don't have to start searching for you at the end of the day.

## **Finish procedure**

After recording your SI-card in the control unit on the finish line proceed to the download station. If you had a control station failure and clipped your map instead, tell the download person and your map will be taken for later review. All maps will be collected until the time of the final competitor's start.

If you do not complete your course, **please go through the finish control and the download process**, the same as everyone else. Otherwise we will come looking for you.

On your last day, please return any hired SI-cards at the finish.

### **Water**

Water will be available on courses, and at the finish. Please use a new cup (provided) and place used cups in the rubbish bag.

### **Protests**

A fee of \$10 will be required, which is refundable if the protest is upheld.

A jury comprising the Event Controller plus 3 controllers will consider protests.

### **Casual Courses**

Available from 13.30 on Friday for those accompanying the school students

### **Whistles**

Whistles are optional and recommended. The distress signal is 6 short blasts, rest, then repeat. Use in the case of injury or emergency only. (whistles can be purchased at registration for \$2).

### **Course closure**

Refer to the course closure times stated for each day. If you are still on your course at these times, please return to the finish area and report in.

### **Food**

Currently no food will be on sale at the events. There are lots of food places in Kumeu on the way to the events. There may be an opportunity to buy drinks or hot drinks at the events.

### **Clothing**

Competitors should bring a range of clothing to cover extremes – both heat and cold. Some areas are also exposed to wind.

### **Toilets**

Toilets will be available at the event centre.

### **No Smoking**

Smoking is strictly prohibited at all of the events, including inside vehicles, and to and from the events in forest/park areas.

### **School Tents**

Schools are welcome and encouraged to bring small tents each day if they wish. Please ensure pegs are used to avoid problems due to sudden wind gusts. Several large tents will be available in the event centres for general shelter. Please note very large tent pegs should not be used at the Botanic Gardens due to the possibility of underground electrical wiring in ground.

### **Conditions for Access to Woodhill Forest**

Please stop at the gate and tell the gate security person that you are there for the orienteering. They will record your vehicle registration number.

To enter on forest roads:

- You must have 3<sup>rd</sup> party insurance for your vehicle
- Drive with your lights on low beam in the forest at all times

- Do not deviate from signed route within the forest.
- Do not smoke anywhere in the forest, including inside your car.
- Parking is as directed. Please ensure that you park your vehicle so emergency vehicles and other vehicles can still use the road.
- Keep all roads clear of stopped vehicles at all times.

## **PRIZEGIVING**

There will be a presentation of certificates for individual place getters on Thursday and Friday at the end of the sprint and the long events. Winners of Championship grade will also receive a medal. There will be a short spot prize draw as part of the certificate presentation on Friday. At the conclusion of the relays the schools competition presentations will take place.

## **Previous Year (2012) Winners**

### INDIVIDUAL CHAMPIONSHIP

Senior Boys	Nick Hann (Onslow College)
Senior Girls	Lauren Turner (Samuel Marsden Collegiate)
Intermediate Boys	Devon Beckman (Napier Boys High School)
Intermediate Girls	Alice Tilley (Diocesan School for Girls)
Junior Boys	Andrei Popovici (Westlake Boys High School)
Junior Girls	Hayley Smith (Diocesan School for Girls)
Y7/8 Boys	Bayley Stephens-Ellison (Havelock North Intermediate)
Y7/8 Girls	Danielle Goodall (Parawai School)

### RELAYS

Senior Boys	Onslow College
Senior Girls	Diocesan School for Girls
Intermediate Boys	Auckland Grammar School
Intermediate Girls	Napier Girls High School
Junior Boys	Wellington College
Junior Girls	Pukekohe High School
Y7/8 Boys	Northcross Intermediate
Y7/8 Girls	Havelock North Intermediate

### TOP SCHOOL COMPETITION

Boys School	Napier Boys High School
Girls School	Napier Girls High School
Y7&8 Top School - Boys	Northcross Intermediate
Y7&8 Top School - Girls	Havelock North Intermediate

Please return any trophies to the registration caravan.

## **INTERSCHOOL COMPETITION**

### **TOP SCHOOL COMPETITION**

This is the longest running competition and caters for the broadest spread of students. It is intended that the trophies go to the schools that display the greatest depth of orienteering talent at all levels. There are separate trophies for boys and girls.

Only 3 competitors in each age grade will contribute to the school's points. That is, a maximum of 9

competitors (3 at each age) will be able to earn points for their school.

In the individual competition the best three results at each age grade, either in the Championship or Standard event, will be counted. At least one of these results must be from the Championship level (ie. A school entering all its competitors in the Standard level will be able to count only two results).

In the relay, only the highest positioned team from any school in each age grade will count. (Runners in composite teams do not count).

Points for this competition are as follows:

Individuals - Championship: 1st - 25 points, 2nd - 24, 3rd - 23, down to 25th - 1 point.

Individuals - Standard: 1st - 15 points, 2nd - 14, 3rd - 13, down to 15th - 1 point.

Relays (teams): 1st team - 60 points, 2nd - 54, 3rd - 48, down to 10th - 6 points.