The Great Auckland Orienteering Association Club Sprint Relays 2014

Date: Sunday 15 June 2014

Venue: Epsom Campus.

Time: First start at 11:00. Registration open from 09:30, briefing at 10:45.

Teams: Made up of 3 members and must be mixed:

- 1 male, 2 female <u>or</u>
- 1 female, 2 male.
- Clubs will select their own teams. All entrants must be financial club members.
- Changes to the teams on the day will be at the Controller's discretion.

There will be four age grades:

- Young'uns (Under 12, born in 2003 or later White and Yellow course runners)
- Junior (Under 18, born in 1997 or later)
- Open
- Master (Over 50, born in 1964 or earlier).

To qualify for the trophy, clubs must have <u>as a minimum</u>, one Young'uns, one Junior team, one Open team and one Master team.

Points will be determined by placing's in each grade. 10 points for 1st down to 1 point for 10th. Only the clubs highest point score in each grade will count.

Format will be 3 sequential legs of approximately equal lengths in a sprint format with a winning time of between 12 & 15 minutes per leg.

Cost will be \$8 per junior and \$15 for the others. SportIdent hire is \$3.

AOC will invoice clubs after the event to recoup the entry fees.

Please email team lists (in order) with SportIdent numbers / request for hire **by 6pm Friday 13th June** to auckoc@hotmail.com.

Please contact Dwayne with any queries on email smithd4@gmail.com or on 027 4868810

We look forward to seeing you there, and having a very exciting competition.