



## Auckland Orienteering Club Health and Safety Statement

Controller -----

Co-ordinator -----

First Aiders -----

Doctors -----

Safety Bearing -----

Special Hazards

Typical hazards include: Cliffs, pits, streams, swamps, overgrown trimmings, vines, tree roots, derelict and unstable fences, livestock

If a rescue helicopter is to be called (call 111) the NZMS map grid reference of this assembly area must be given.

Grid Reference -----

### **Participation today is at your own risk.**

#### **The Participants' Responsibilities**

- Read all notices concerning the special hazards that may be associated with the event.
- Obey all instructions and warnings.
- Not interfere with any plant or equipment.
- Not enter any unauthorised areas or farm buildings.
- Avoid disturbing livestock and keep away from all work activities.
- Not allow children to wander unsupervised.
- Carry a whistle at all times.
- Notify the organisers of any health problems. eg Diabetes, Asthma, Angina, Hepatitis, etc.
- Dress appropriately for the weather.
- Check in at the Finish even if you do not complete the course.

#### **The Auckland Orienteering Club's Responsibilities**

- Provide an enjoyable and safe environment for all participants at every orienteering event.
- Ensure all participants are aware of any significant hazards.
- Have procedures in place that can be followed in the case of injury and illness.
- Have procedures in place that can be followed in the case of a participant becoming lost or missing.
- Ensure that all Organisers and Controllers are aware of the above procedures.

#### **Landowners' Responsibilities**

Landowners are not responsible for the natural hazards and risks associated with orienteering and attendant activities.

#### **Emergency Procedures**

- In the event of a competitor being injured or late to return, the Controller or deputy is in overall charge.
- No one shall commence any search without the permission of the controller.
- Minor injuries may be treated with the first aid kit which is kept in the Campamatic ( the registration caravan.)